

MEMORANDUM FOR:

FROM:

SUBJECT: Child and Youth Behavioral Military & Family Life Counselor (CYB-MFLC)

1. This letter is to inform you about the Child and Youth Behavioral Military & Family Life Counseling (CYB-MFLC) Program services. Due to the unique challenges faced by military families, the Department of Defense is offering this private and confidential non-medical counseling service to Service members, families, children, and staff of Child and Youth Programs (CYP), Department of Defense Education Activity (DoDEA) Schools, Local Education Agencies (LEA), DoDEA/CYP summer programs, National Military Family Association Operation Purple Camps, Guard/Reserve Camps, and Operation Military Kids Camps.
2. With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty to warn situations), as well as oversight review by DoD of the service you received should an adverse or harmful event occur. MFLC support is private and confidential to encourage the widest level of participation.
3. The CYB-MFLC may support staff and work with children and families in the following ways:
  - Observe, participate, and engage in activities with children and youth
  - Provide direct intervention with children
  - Model behavioral management techniques and provide feedback to staff
  - Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills.
  - Outreach to parents
  - Facilitate psycho-educational groups
  - Conduct training for staff and parents
  - Recommend referrals to military social services and other resources as needed.
4. CYB MFLCs may assist parents, teachers, staff, and children with the following issues:
  - Communication
  - Resolving conflicts
  - Managing anger
  - Bullying
  - Self-esteem/self-confidence
  - Behavioral management techniques
  - Sibling/parental relationships
  - Deployment and reintegration issues

The counselor is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.

At no time will the counselor meet individually with a child without being in line of sight of a CYP, DoDEA, LEA, or camp employee or a parent/guardian.

- The counselor may use only materials for trainings, groups, and other activities that have been approved by DoD.

I acknowledge that a CYB-MFLC is available and authorize my child, \_\_\_\_\_, to receive CYB-MFLC support.

---

PARENT OR GUARDIAN SIGNATURE

I acknowledge that a CYB-MFLC is available and DO NOT authorize my child, \_\_\_\_\_, to receive CYB-MFLC support.

---

PARENT OR GUARDIAN SIGNATURE

You may reach the MFLC at \_\_\_\_\_.

\_\_\_\_\_ is the CYB-MFLC POC who may be contacted at \_\_\_\_\_.