

# Chartwells School Dining Services

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 23, 2012

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/01/2012</b>															
Biloxi Elementary Lunch	Total														
Chicken Nuggets Bilx	5 each	272	65	570	0.00	0.00	0.0	0	0	0.0	14.0	12.0	18.0	4.50	*N/A*
Rolls, Bilx	1 each	178	11	478	2.93	1.64	12.2	19	6	1.36	5.24	31.63	3.86	1.03	*N/A*
Barbeque Pork on Bun	1 each	371	80	419	4.00	2.78	156.0	96	19	3.46	33.81	40.4	8.95	1.99	*0.00
Chicken Strip Salad Sec	1 salad	341	71	874	2.74	2.37	61.1	5139	378	14.86	14.15	30.49	18.18	3.82	*0.86
Mashed Potatoes Bilx	1/2 cup	142	1	364	2.12	0.47	50.6	224	51	36.3	3.44	23.38	3.8	1.10	*0.00
Gravy Brown SAG	2 oz	26	9	10	0.00	0.16	2.7	12	4	0.0	3.36	0.0	1.31	0.34	*N/A*
Green Peas Bilx	1/2 cup	77	0	404	5.24	1.50	22.9	2020	68	9.43	4.91	13.58	0.56	0.10	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	75	0	56	0.65	0.22	6.2	704	141	10.67	1.13	18.49	0.08	0.01	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		844	97	1770	11.91	4.86	458.8	5212	498	65.75	43.25	115.96	23.74	6.33	*0.29
% of Calories											20.5%	55.0%	25.3%	6.7%	*0.3%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		127%				139%	160%	465%		438%	432%				

<b>Thu - 02/02/2012</b>															
Biloxi Elementary Lunch	Total														
Cheesy Chicken over Rice(Trad)	serving	608	66	361	4.10	2.52	157.3	359	66	2.18	29.75	91.63	13.03	5.07	*N/A*
CORN DOG BILX	1 each	320	30	1140	2.00	1.44	0.0	0	0	0.0	9.0	33.0	17.0	6.00	*N/A*
CHICKEN FAJITA SALAD TR SAG	1 salad	277	58	870	1.92	2.46	136.6	2473	293	13.19	22.5	26.46	8.57	2.92	*0.11
Corn Bilx	1/2 cup	84	0	108	1.98	0.35	3.4	270	29	5.28	2.49	17.17	2.0	0.32	*0.00
Sweet Potatoes, Glazed	1/2 Cup	186	0	74	3.31	1.22	29.8	3910	782	11.32	1.35	37.0	3.9	1.04	*0.00
Apple Quick Crisp SAG	1/2 cup	203	4	136	1.97	0.74	7.5	34	3	0.23	1.92	32.89	7.61	1.58	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		1011	67	1263	10.59	4.69	438.7	5658	1034	24.75	34.18	159.75	28.04	8.60	*0.04
% of Calories											13.5%	63.2%	25.0%	7.7%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		152%				134%	153%	505%		165%	342%				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

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## Biloxi Elementary Lunch

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 02/03/2012</b>															
Biloxi Elementary Lunch	Total														
Pepperoni Pizza Bilx/ABR	1/8 pie	430	23	1267	3.52	3.29	442.6	218	44	10.17	24.65	51.02	12.45	7.71	*0.00
Chicken & Sausage Gumbo	8 oz	261	59	756	2.47	2.38	58.2	831	153	19.88	20.52	23.19	9.7	2.65	*N/A*
Cornbread	4" x 3" square	162	20	412	1.85	1.54	113.9	46	9	0.09	3.6	24.39	5.49	0.56	*0.00
TUNA SALAD SandwichBilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Green beans, can Bilx	1/2 cup	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.69	11.25	2.18	0.57	*0.00
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		789	69	1903	11.26	5.27	616.5	2171	300	34.81	34.68	114.23	22.99	7.13	*0.00
% of Calories											17.6%	57.9%	26.2%	8.1%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		119%				151%	216%	194%		232%	347%				

<b>Mon - 02/06/2012</b>															
Biloxi Elementary Lunch	Total														
Toasted Cheese Sand Bilx	Sandwiche	168	8	461	1.20	1.87	175.5	375	75	0.0	7.32	26.31	3.65	1.86	*N/A*
CHICKEN NOODLE SOUP: scratch	1 CUP	90	25	647	0.70	0.72	19.7	79	6	3.03	6.6	10.44	2.28	0.64	*0.01
Barbeque Pork on Bun	1 each	371	80	419	4.00	2.78	156.0	96	19	3.46	33.81	40.4	8.95	1.99	*0.00
TUNA SALAD SandwichBilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Broccoli w/Cheese	3/8 cup	89	4	592	2.04	0.42	83.3	850	161	27.28	3.62	8.18	5.54	1.74	*0.00
PASTA SALAD	3/8 CUP	141	0	165	2.03	0.98	16.9	1309	262	9.97	3.27	16.83	7.0	0.98	*N/A*
PEACH QUICK CRISP SAG	1/2 cup	308	8	273	1.17	1.31	2.8	319	32	2.16	3.76	45.78	12.45	2.76	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		1001	85	1930	8.47	5.71	552.9	3282	596	44.46	40.52	133.84	35.32	8.59	*0.00
% of Calories											16.2%	53.5%	31.7%	7.7%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		151%				163%	193%	293%		296%	405%				
Shortfall													OVER		

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 02/07/2012</b>															
Biloxi Elementary Lunch	Total														
BAKED CHICKEN SAG	1 PIECE	252	100	228	0.10	0.06	0.6	190	28	0.0	17.04	0.45	20.04	6.01	*0.00
Rolls, Bilx	1 each	178	11	478	2.93	1.64	12.2	19	6	1.36	5.24	31.63	3.86	1.03	*N/A*
Baby Sub BilxTr	sandwich	226	31	800	3.27	1.86	257.5	247	36	0.56	20.6	26.11	4.47	1.58	*0.00
ORIENTAL CHICKEN SALAD \$BIL	1 salad	555	80	2353	3.83	2.53	282.6	2788	309	15.06	24.86	53.75	26.8	6.53	*0.05
Mashed Potatoes Bilx	1/2 cup	142	1	364	2.12	0.47	50.6	224	51	36.3	3.44	23.38	3.8	1.10	*0.00
Gravy Brown SAG	2 oz	26	9	10	0.00	0.16	2.7	12	4	0.0	3.36	0.0	1.31	0.34	*N/A*
Mixed Vegetables 1/2 cup	1/2 cup	103	0	370	2.19	0.40	22.1	1610	322	3.94	2.19	10.94	5.35	1.46	*0.00
Rosy Applesauce (1/2 cup) Bilx	1/2 c	117	0	64	1.47	0.44	5.1	13	1	2.08	0.72	30.18	0.22	0.04	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		929	95	2250	9.82	3.74	564.8	3442	604	50.78	40.29	124.14	30.73	8.99	*0.02
% of Calories											17.3%	53.4%	29.8%	8.7%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		140%				107%	197%	307%		339%	403%				

<b>Wed - 02/08/2012</b>															
Biloxi Elementary Lunch	Total														
Spaghetti w/Meat Sauce ABBR	1 CUP	276	43	199	3.57	58.32	45.1	333	66	8.93	17.22	26.56	12.46	4.70	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	70	0	120	1.50	0.72	10.0	0	0	0.0	2.5	13.5	1.0	0.00	0.00
Chicken Ranch Wrap TR SAG	1 ea	457	75	1137	3.37	1.16	105.4	272	29	3.23	17.71	47.73	21.82	4.95	*N/A*
Chicken Salad Plate Elem SAG	1 each	294	51	524	3.26	3.05	72.8	8064	582	27.28	20.3	26.96	11.5	2.26	*0.86
Corn Bilx	1/2 cup	84	0	108	1.98	0.35	3.4	270	29	5.28	2.49	17.17	2.0	0.32	*0.00
Green Beans seasoned 1/2c SAG	1/2 cup	30	0	242	1.57	0.73	22.5	341	68	3.49	1.0	4.96	0.97	0.26	*0.00
Apple Quick Crisp SAG	1/2 cup	203	4	136	1.97	0.74	7.5	34	3	0.23	1.92	32.89	7.61	1.58	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		819	72	1300	10.09	23.14	411.1	4034	426	24.95	32.65	115.61	27.84	7.13	*0.29
% of Calories											15.9%	56.5%	30.6%	7.8%	*0.3%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		123%				661%	144%	360%		166%	326%				
Shortfall													OVER		

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## Biloxi Elementary Lunch

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/09/2012															
Biloxi Elementary Lunch	Total														
Cheeseburger on a Bun Bilx	1 EACH	373	13	885	1.01	3.96	137.7	215	58	0.01	23.94	27.89	19.75	9.38	*N/A*
Chili Frito To Go Bilx	4 oz	747	31	1756	15.34	74.93	391.5	2025	289	53.88	26.53	110.07	24.24	7.52	*1.43
CHICKEN FAJITA SALAD TR SAG	1 salad	277	58	870	1.92	2.46	136.6	2473	293	13.19	22.5	26.46	8.57	2.92	*0.11
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Baked Beans Bilx	1/2 cup	141	0	523	5.55	1.65	49.5	190	28	0.72	6.54	31.92	0.57	0.11	*N/A*
Rosy Applesauce (1/2 cup) Bilx	1/2 c	117	0	64	1.47	0.44	5.1	13	1	2.08	0.72	30.18	0.22	0.04	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		997	46	2257	15.57	29.91	586.6	2278	344	32.48	41.05	159.12	26.15	9.06	*0.51
% of Calories											16.5%	63.9%	23.6%	8.2%	*0.5%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		150%				854%	205%	203%		217%	411%				

Fri - 02/10/2012															
Biloxi Elementary Lunch	Total														
Fish Nuggets	4 -1oz nug gets	172	51	213	1.01	1.09	20.2	101	20	0.0	14.17	17.21	5.06	1.01	0.00
Bread Sticks, Honey Wheat 1oz	1 Each	70	0	120	1.50	0.72	10.0	0	0	0.0	2.5	13.5	1.0	0.00	0.00
Turkey & Cheese Hero SAG	1 sandwich	361	34	1907	2.52	3.84	175.1	315	59	3.23	23.44	48.64	7.69	2.66	*0.00
TUNA SALAD Sandwich Bilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Lima Beans (1/2c)	1/2 cup	295	0	70	15.86	6.28	72.2	36	7	0.0	17.91	52.9	2.09	0.34	*0.00
Corn on the Cob	1 EACH	75	0	293	1.76	0.39	2.0	146	13	3.02	1.96	18.1	0.47	0.07	*N/A*
Macaroni & Cheese 1/2 cup SAG	1/2 cup	175	8	414	1.99	0.87	127.3	241	48	0.0	6.62	23.59	6.85	2.45	*0.00
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		1049	71	1918	23.60	10.91	609.0	1294	214	10.55	54.13	171.26	19.40	5.71	*0.00
% of Calories											20.6%	65.3%	16.6%	4.9%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		158%				312%	213%	116%		70%	541%				
Shortfall										4.45					

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/13/2012															
Biloxi Elementary Lunch	Total														
Ham & Cheese Biscuit	1 each	252	13	1244	2.00	0.24	74.1	148	30	0.0	10.34	25.49	11.65	6.57	*0.00
Pancakes (Pur) w/syrup SAG	2 - 4 in. 2 o	317	15	461	1.97	1.81	59.9	177	24	0.25	4.37	67.07	4.24	0.66	*N/A*
Scrambled Eggs & Cheese	2 oz	129	232	381	0.00	0.95	177.6	817	212	0.0	11.81	1.9	8.19	3.86	*N/A*
Parisan Ham & Cheese Wrap	1 sandwich	673	47	2110	4.03	4.14	286.6	761	124	7.65	23.87	65.51	34.73	9.17	*0.00
Cheese Grits 1/2 cup SAG	1/2 cup	102	7	751	0.28	0.71	93.8	137	27	0.0	4.28	15.9	2.03	1.16	*N/A*
ORANGES WEDGES	6 EACH	34	0	0	1.73	0.07	28.8	162	15	38.3	0.68	8.46	0.09	0.01	*N/A*
Baked Apples ABBR	1/2 cup	104	0	9	2.46	0.30	15.8	85	12	0.22	0.32	25.46	1.01	0.16	*0.00
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		833	121	2314	7.80	3.71	637.9	1517	284	43.96	30.07	125.47	24.39	9.09	*0.00
% of Calories											14.4%	60.2%	26.3%	9.8%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		125%				106%	223%	135%		293%	301%				

Tue - 02/14/2012															
Biloxi Elementary Lunch	Total														
Beef-A-Roni SAG	3/4 cup	275	52	597	2.12	2.61	131.0	739	85	16.45	21.1	23.99	10.29	4.29	*N/A*
Chicken Nuggets Bilx	5 each	272	65	570	0.00	0.00	0.0	0	0	0.0	14.0	12.0	18.0	4.50	*N/A*
Taco Chef Salad ABR	1 salad	422	42	1231	7.40	11.19	361.3	1644	265	9.8	20.33	49.67	15.38	4.97	*N/A*
Quick Baked Potatoes	1 HALF-P OTATO	143	0	436	4.13	1.49	23.0	95	11	36.35	3.76	32.36	0.19	0.05	*0.00
Broccoli Steamed	1/2 cup	47	0	218	2.72	0.55	30.3	1025	193	36.38	2.81	4.85	2.48	0.66	*0.00
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		698	65	1611	11.75	7.14	523.7	2525	432	87.85	33.34	100.97	18.94	6.30	*0.00
% of Calories											19.1%	57.9%	24.4%	8.1%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		105%				204%	183%	225%		586%	333%				

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

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# Chartwells School Dining Services

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 23, 2012

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/15/2012</b>															
Biloxi Elementary Lunch	Total														
Hot Dog on Bun ABR	1 dog	200	35	665	1.00	2.10	106.6	0	0	0.0	9.5	20.71	9.28	1.81	*0.36
Chili for hot dogs ABR	1 1/2 oz	92	25	375	0.60	1.04	10.5	431	66	3.69	7.62	5.2	4.63	1.77	*N/A*
Macho nachos w/ Mexican meat & Chicken Salad Plate Elem SAG	1 Serving	407	63	823	4.58	1.61	22.9	285	40	2.31	19.32	27.77	24.52	5.21	*2.49
Potato Wedges Cajun Tr SAG	1 each	294	51	524	3.26	3.05	72.8	8064	582	27.28	20.3	26.96	11.5	2.26	*0.86
Mexican corn	1/2 cup	121	0	171	1.81	0.66	14.8	51	10	9.0	2.25	20.69	4.06	0.77	*N/A*
Salsa, commodity	1/2 cup	87	0	182	2.22	0.66	7.4	473	73	21.32	2.26	18.07	1.49	0.33	*0.00
Peaches, CND, Lt syrup Bilx	1 oz	10	0	122	0.40	0.64	3.4	156	16	1.13	0.43	1.98	0.06	0.01	*N/A*
Milk, Bilx	1/2 cup	51	0	5	2.51	0.31	8.0	671	67	4.11	0.87	13.07	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		737	70	1430	10.75	5.10	404.5	4778	495	49.46	32.72	103.03	23.96	5.80	*1.24
% of Calories											17.8%	55.9%	29.3%	7.1%	*1.5%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		111%				146%	141%	427%		330%	327%				

<b>Thu - 02/16/2012</b>															
Biloxi Elementary Lunch	Total														
SHEPHERD'S PIE, Biloxi	1 PIECE	274	47	552	1.37	1.67	158.4	493	137	15.15	19.09	19.45	13.08	4.44	*0.00
chicken pot pie	1 cup	355	52	220	2.32	2.27	29.7	1492	165	1.58	21.55	23.36	18.93	4.92	*0.00
Chicken Strip Salad Elem SAG	1 salad	341	71	874	2.74	2.37	61.1	5139	378	14.86	14.15	30.49	18.18	3.82	*0.86
Roll, Rich's 1.5 oz ABR	roll	106	0	177	1.18	0.85	0.0	0	0	0.0	4.72	18.9	1.77	0.00	0.00
Green Beans seasoned 1/2c SAG	1/2 cup	30	0	242	1.57	0.73	22.5	341	68	3.49	1.0	4.96	0.97	0.26	*0.00
Mixed Vegetables ABBR	1/2 cup	61	0	328	3.72	0.89	23.4	4734	475	9.67	3.1	12.52	0.66	0.12	*0.00
Tossed salad ABR	1/2 cup	11	0	7	0.81	0.29	9.4	377	30	5.85	0.61	2.46	0.14	0.02	*N/A*
GELATIN,PREPARED W/FRUIT	1/2 cup	75	0	56	0.65	0.22	6.2	704	141	10.67	1.13	18.49	0.08	0.01	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		744	68	1513	10.74	5.32	444.5	9031	1040	43.02	36.83	104.10	22.03	5.79	*0.29
% of Calories											19.8%	56.0%	26.7%	7.0%	*0.3%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		112%				152%	155%	806%		287%	368%				

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# Chartwells School Dining Services

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 23, 2012

## Biloxi Elementary Lunch

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/17/2012															
Biloxi Elementary Lunch	Total														
Chicken & Sausage Gumbo	8 oz	261	59	756	2.47	2.38	58.2	831	153	19.88	20.52	23.19	9.7	2.65	*N/A*
Toasted Cheese Sand Bilx	Sandwiche	168	8	461	1.20	1.87	175.5	375	75	0.0	7.32	26.31	3.65	1.86	*N/A*
Turkey Chef Salad Trad Bilx	1 salad	217	43	509	1.66	1.79	180.9	2333	279	12.58	20.16	22.81	4.78	1.73	*0.11
Rice, Brown ckd	1/2 cup	121	0	217	1.14	0.49	9.6	0	0	0.0	2.61	25.36	0.96	0.19	*0.00
VEGETABLE BEEF SOUP SAG	1 CUP	93	16	626	2.38	1.41	30.5	2129	355	11.86	7.27	11.98	2.37	0.80	*N/A*
Corn Bilx	1/2 cup	84	0	108	1.98	0.35	3.4	270	29	5.28	2.49	17.17	2.0	0.32	*0.00
CARROTS: Seasoned	1/2 cup	76	0	283	3.06	0.54	38.2	15494	1657	2.13	0.55	13.84	2.41	0.60	*0.00
Cornbread	4" x 3" squ are	162	20	412	1.85	1.54	113.9	46	9	0.09	3.6	24.39	5.49	0.56	*0.00
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		937	84	2379	13.91	6.85	640.0	19729	2330	36.56	40.82	152.06	20.97	5.54	*0.04
% of Calories											17.4%	64.9%	20.1%	5.3%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		141%				196%	224%	1762%		244%	408%				

Mon - 02/20/2012															
Biloxi Elementary Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

Tue - 02/21/2012															
Biloxi Elementary Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Chartwells School Dining Services

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/22/2012															
Biloxi Elementary Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

Thu - 02/23/2012															
Biloxi Elementary Lunch	Total														
Hamburger on a Bun Bilx	1 EACH	320	0	637	1.00	3.92	60.0	62	12	0.0	21.19	27.41	15.31	6.67	*N/A*
PORK STIR-FRY	3/4 CUP	243	51	287	2.88	1.47	49.0	11922	2645	29.65	20.68	11.12	12.78	3.15	*N/A*
Rice, Brown ckd	1/2 cup	121	0	217	1.14	0.49	9.6	0	0	0.0	2.61	25.36	0.96	0.19	*0.00
Taco Chef Salad\$ Tr SAG	1 salad	571	96	887	8.80	13.45	402.8	6139	516	19.49	36.02	47.51	27.21	8.62	*0.00
French Fries Baked ABBR	1/2 cup	271	0	186	2.76	0.65	16.4	0	0	8.88	3.47	34.09	14.28	4.31	*N/A*
Corn Bilx	1/2 cup	84	0	108	1.98	0.35	3.4	270	29	5.28	2.49	17.17	2.0	0.32	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	51	0	5	2.51	0.31	8.0	671	67	4.11	0.87	13.07	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		962	61	1130	12.52	8.00	501.5	7482	1254	37.45	41.67	123.79	36.74	11.84	*0.00
% of Calories										17.3%	51.5%	34.4%	11.1%	*0.0%	
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		145%				228%	175%	668%		250%	417%				
Shortfall													OVER	OVER	

Fri - 02/24/2012															
Biloxi Elementary Lunch	Total														
Barbeque Pork on Bun	1 each	371	80	419	4.00	2.78	156.0	96	19	3.46	33.81	40.4	8.95	1.99	*0.00
Spaghetti w/Meat Sauce ABBR	1 CUP	276	43	199	3.57	58.32	45.1	333	66	8.93	17.22	26.56	12.46	4.70	*0.00
Rolls, Bilx	1 each	178	11	478	2.93	1.64	12.2	19	6	1.36	5.24	31.63	3.86	1.03	*N/A*
TUNA SALAD SandwichBilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Broccoli w/Cheese	3/8 cup	89	4	592	2.04	0.42	83.3	850	161	27.28	3.62	8.18	5.54	1.74	*0.00
Baked Beans Bilx	1/2 cup	141	0	523	5.55	1.65	49.5	190	28	0.72	6.54	31.92	0.57	0.11	*N/A*
Apple Quick Crisp SAG	1/2 cup	203	4	136	1.97	0.74	7.5	34	3	0.23	1.92	32.89	7.61	1.58	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*

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# Chartwells School Dining Services

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		962	88	2007	14.32	24.95	544.3	1844	330	35.70	44.79	143.20	27.51	7.62	*0.00
% of Calories											18.6%	59.5%	25.7%	7.1%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		145%				713%	190%	165%		238%	448%				

Mon - 02/27/2012															
Biloxi Elementary Lunch	Total														
TACO PIE	serving	268	44	807	2.26	3.15	130.5	937	182	14.33	19.14	23.27	10.66	4.09	*N/A*
Patty Melt (trad) SAG	SERVING	356	24	1015	3.76	3.85	180.5	206	43	0.74	23.32	45.25	9.63	3.50	*0.00
TUNA SALAD SandwichBilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Pinto Beans Dry	1/2 cup	175	0	198	7.38	2.42	53.9	36	7	3.0	10.2	29.79	1.67	0.26	*0.00
Corn Bilx	1/2 cup	84	0	108	1.98	0.35	3.4	270	29	5.28	2.49	17.17	2.0	0.32	*0.00
Apple Quick Crisp SAG	1/2 cup	203	4	136	1.97	0.74	7.5	34	3	0.23	1.92	32.89	7.61	1.58	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		924	62	1440	14.59	7.07	501.3	1341	222	16.42	42.73	140.04	23.41	6.31	*0.00
% of Calories											18.5%	60.6%	22.8%	6.1%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		139%				202%	175%	120%		109%	427%				

Tue - 02/28/2012															
Biloxi Elementary Lunch	Total														
Red Beans & Rice w/ Sausage	serving	424	22	1129	12.21	5.45	89.4	262	47	7.17	18.5	60.75	11.85	3.92	*0.00
Deli Ham on Multi Grain Bun	1 sandwich	247	30	1180	4.00	1.95	228.2	134	41	0.0	17.89	28.25	7.78	3.47	*0.00
Chicken Salad Sandwich	1 EACH	344	52	582	4.44	2.26	97.4	190	9	1.09	22.93	35.1	12.61	2.14	*0.00
Green Beans seasoned 1/2c SAG	1/2 cup	30	0	242	1.57	0.73	22.5	341	68	3.49	1.0	4.96	0.97	0.26	*0.00
Cabbage, boiled SAG TR	1/2 cup	46	0	140	1.34	0.25	21.5	287	54	19.66	0.69	3.12	3.62	0.99	*0.00
Cornbread	4" x 3" squ are	162	20	412	1.85	1.54	113.9	46	9	0.09	3.6	24.39	5.49	0.56	*0.00
Sweet Potatoes, Glazed	1/2 Cup	186	0	74	3.31	1.22	29.8	3910	782	11.32	1.35	37.0	3.9	1.04	*0.00
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		946	66	1989	16.67	7.47	632.3	5389	1056	43.69	34.71	146.05	26.44	7.02	*0.00
% of Calories											14.7%	61.7%	25.2%	6.7%	*0.0%
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		142%				213%	221%	481%		291%	347%				

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# Chartwells School Dining Services

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## Biloxi Elementary Lunch

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/29/2012															
Biloxi Elementary Lunch	Total														
OVEN FRIED CHICKEN ABR	SERVINGS	346	130	140	0.56	1.75	73.8	238	45	0.06	22.3	12.81	23.39	6.34	*0.00
Rolls, Bilx	1 each	178	11	478	2.93	1.64	12.2	19	6	1.36	5.24	31.63	3.86	1.03	*N/A*
Ham & Cheese Sandwich Bx(cold)	1 sandwich	307	51	1345	4.00	1.49	306.5	268	82	0.0	22.38	29.49	12.38	6.09	*0.00
TUNA SALAD SandwichBilx	sandwiche	352	71	710	1.77	2.95	98.6	361	24	0.25	17.89	45.05	11.12	1.86	*N/A*
Green Beans seasoned 1/2c SAG	1/2 cup	30	0	242	1.57	0.73	22.5	341	68	3.49	1.0	4.96	0.97	0.26	*0.00
Mashed Potatoes Bilx	1/2 cup	142	1	364	2.12	0.47	50.6	224	51	36.3	3.44	23.38	3.8	1.10	*0.00
Gravy, Brown ABR	2 ounce	20	0	330	0.00	0.00	0.0	0	0	0.0	0.0	4.0	0.0	0.00	0.00
Baked Apples ABBR	1/2 cup	104	0	9	2.46	0.30	15.8	85	12	0.22	0.32	25.46	1.01	0.16	*0.00
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		826	100	1991	9.91	4.35	552.6	1444	283	43.37	35.36	119.80	24.36	7.63	*0.00
% of Calories										17.1%	58.0%	26.5%	8.3%	*0.0%	
Nutrient Guideline		664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied		124%				124%	193%	129%		289%	354%				

Weighted Average		889	77	1800	12.46	9.34	534.5	4581	652	40.33	38.54	130.69	25.72	7.47	*0.15
											17.3%	58.8%	26.0%	7.6%	*0.2%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	889		664	134%			
Cholesterol (mg)	77						
Sodium (mg)	1800						
Fiber (g)	12.46						
Iron (mg)	9.34		3.50	267%			
Calcium (mg)	534.5		286.00	187%			
Vitamin A (IU)	4581		1120	409%			
Vitamin A (RE)	652		224	291%			
Vitamin C (mg)	40.33		15.00	269%			
Protein (g)	38.54	17.33%	10.00	385%			
Carbohydrate (g)	130.69	58.78%					
Total Fat (g)	25.72	26.03%	<=30.00%				
Saturated Fat (g)	7.47	7.56%	<10.00%				
Trans Fat (g)	0.15	0.15%			Missing		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.