

Chartwells School Dining Services

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 23, 2012

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/01/2012															
Biloxi Breakfast Elem	Total														
Pancakes (Pur) w/syrup SAG	2 - 4 in. 2 o	317	15	461	1.97	1.81	59.9	177	24	0.25	4.37	67.07	4.24	0.66	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	96	0	36	1.06	0.61	21.9	164	33	0.16	1.23	14.05	4.07	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		586	19	674	5.88	6.72	497.1	964	211	18.37	16.74	109.45	9.41	2.66	*0.00
% of Calories											11.4%	74.7%	14.5%	4.1%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		118%				256%	232%	115%		161%	228%				

Thu - 02/02/2012															
Biloxi Breakfast Elem	Total														
Sausage Biscuit	biscuit	310	24	977	2.00	0.00	16.0	56	11	0.0	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WW Cinnamon SAG	1 SLICE	150	0	150	2.45	1.04	50.4	2	0	0.24	3.03	33.66	1.03	0.01	*0.00
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit cup, assorted	1/2 cup	65	0	4	1.40	0.35	8.3	148	15	4.76	0.4	17.17	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		694	24	1240	8.18	6.30	489.5	893	188	17.39	18.83	116.47	18.96	6.75	*0.00
% of Calories											10.9%	67.2%	24.6%	8.8%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		139%				240%	228%	106%		152%	256%				

Fri - 02/03/2012															
Biloxi Breakfast Elem	Total														
FRENCH TOAST STICKS (3)	3 each	146	8	120	0.42	1.80	40.0	0	0	0.0	2.5	19.28	6.24	1.07	*N/A*
SYRUP,PANCAKE	1 TBSP	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Cheese Grits 1/2 cup SAG	1/2 cup	102	7	751	0.28	0.71	93.8	137	27	0.0	4.28	15.9	2.03	1.16	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		529	23	1228	4.33	6.81	559.4	848	194	18.08	18.86	93.44	8.37	2.97	*0.00
% of Calories											14.3%	70.6%	14.2%	5.0%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		106%				259%	261%	101%		158%	257%				

Mon - 02/06/2012															
Biloxi Breakfast Elem	Total														
Toasted Cheese Sand Bilx	Sandwiche	168	8	461	1.20	1.87	175.5	375	75	0.0	7.32	26.31	3.65	1.86	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	owl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit cup, assorted	1/2 cup	65	0	4	1.40	0.35	8.3	148	15	4.76	0.4	17.17	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		550	15	977	7.63	6.94	551.3	1051	220	17.16	18.53	96.76	11.28	3.50	*0.00
% of Calories											13.5%	70.4%	18.5%	5.7%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		110%				264%	257%	125%		150%	252%				

Tue - 02/07/2012															
Biloxi Breakfast Elem	Total														
Pancake Pup	1 ea	230	35	480	0.00	1.08	40.0	0	0	0.0	6.0	23.0	12.0	0.00	0.00
SYRUP,PANCAKE	1 TBSP	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	owl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	96	0	36	1.06	0.61	21.9	164	33	0.16	1.23	14.05	4.07	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		565	29	692	4.90	6.36	487.4	875	199	18.24	17.56	93.45	13.29	2.33	*0.00
% of Calories											12.4%	66.1%	21.2%	3.7%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		113%				242%	227%	104%		160%	239%				

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/08/2012															
Biloxi Breakfast Elem	Total														
Egg & Cheese Biscuit SAG	1 each	307	134	1088	2.00	0.52	204.0	422	111	0.0	13.24	27.0	15.6	8.24	*0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		485	79	952	4.84	5.46	547.3	923	222	18.08	19.95	75.37	11.02	5.39	*0.00
% of Calories											16.4%	62.2%	20.5%	10.0%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		97%				208%	255%	110%		158%	272%				
Shortfall		13													

Thu - 02/09/2012															
Biloxi Breakfast Elem	Total														
Sausage Biscuit	biscuit	310	24	977	2.00	0.00	16.0	56	11	0.0	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Spiced Peaches	1/2 cup	128	0	13	2.31	0.61	11.4	357	71	107.32	0.75	30.95	0.89	0.22	*0.00
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		548	24	900	7.15	5.81	464.7	1097	243	115.20	18.75	89.51	13.61	5.89	*0.00
% of Calories											13.7%	65.4%	22.4%	9.7%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		110%				221%	217%	131%		1008%	255%				

Fri - 02/10/2012															
Biloxi Breakfast Elem	Total														
Biscuit & Gravy	biscuit	243	0	934	2.29	0.03	3.7	46	5	0.09	4.7	28.51	12.15	5.92	*0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		589	12	1219	6.77	5.67	457.1	738	170	22.64	17.15	96.02	15.48	5.53	*0.00
% of Calories											11.6%	65.2%	23.6%	8.5%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		118%				216%	213%	88%		198%	234%				
Shortfall								101							

Mon - 02/13/2012															
Biloxi Breakfast Elem	Total														
Toasted Cheese Sand Bilx	Sandwich	168	8	461	1.20	1.87	175.5	375	75	0.0	7.32	26.31	3.65	1.86	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		600	15	986	7.28	6.85	549.3	1014	216	26.17	18.76	107.79	11.26	3.50	*0.00
% of Calories											12.5%	71.8%	16.9%	5.3%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		120%				261%	256%	121%		229%	255%				

Tue - 02/14/2012															
Biloxi Breakfast Elem	Total														
Sausage Biscuit	biscuit	310	24	977	2.00	0.00	16.0	56	11	0.0	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit cup, assorted	1/2 cup	65	0	4	1.40	0.35	8.3	148	15	4.76	0.4	17.17	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		621	24	1235	8.03	6.01	471.6	892	188	17.16	19.87	95.61	18.95	6.97	*0.00
% of Calories											12.8%	61.6%	27.5%	10.1%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		125%				228%	220%	106%		150%	271%				
Shortfall														OVER	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/15/2012															
Biloxi Breakfast Elem	Total														
Chicken Nuggets Bilx	3 each	163	39	342	0.00	0.00	0.0	0	0	0.0	8.4	7.2	10.8	2.70	*N/A*
Biscuit, 2.25 oz.Rich's WG SAG	1 each	190	0	670	2.00	0.00	0.0	0	0	0.0	4.0	23.0	9.0	5.00	0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
GRITS, PLAIN	1/2 CUP	20	0	574	0.06	0.13	1.0	40	8	0.0	0.29	2.63	0.93	0.25	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	51	0	5	2.51	0.31	8.0	671	67	4.11	0.87	13.07	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		513	31	1483	7.41	5.64	454.2	1423	242	12.00	20.36	77.34	14.10	5.37	*0.00
% of Calories											15.9%	60.3%	24.7%	9.4%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		103%				214%	212%	170%		105%	277%				

Thu - 02/16/2012															
Biloxi Breakfast Elem	Total														
Breakfast Burrito Grnd	1 Each	298	301	711	1.00	1.50	149.3	621	188	0.0	16.66	21.77	15.81	4.52	*N/A*
Salsa, commodity	1 oz	10	0	122	0.40	0.64	3.4	156	16	1.13	0.43	1.98	0.06	0.01	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		485	162	825	4.53	6.27	521.6	1100	268	18.65	21.87	73.75	11.16	3.53	*0.00
% of Calories											18.0%	60.8%	20.7%	6.5%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		97%				238%	243%	131%		163%	298%				
Shortfall		13													

Fri - 02/17/2012															
Biloxi Breakfast Elem	Total														
Pancakes (Pur) w/syrup SAG	2 - 4 in. 2 o	317	15	461	1.97	1.81	59.9	177	24	0.25	4.37	67.07	4.24	0.66	*N/A*
SYRUP,PANCAKE	1 TBSP	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		495	19	640	5.87	6.37	481.7	911	189	11.58	15.48	98.99	5.38	1.60	*0.00
% of Calories											12.5%	80.0%	9.8%	2.9%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		99%				242%	225%	109%		101%	211%				
Shortfall		3													

Mon - 02/20/2012															
Biloxi Breakfast Elem	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Tue - 02/21/2012															
Biloxi Breakfast Elem	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Wed - 02/22/2012															
Biloxi Breakfast Elem	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		498				2.63	214.29	839		11.43	7.34		OVER	OVER	

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/23/2012															
Biloxi Breakfast Elem	Total														
Sausage Biscuit	biscuit	310	24	977	2.00	0.00	16.0	56	11	0.0	10.0	24.0	19.0	8.80	0.00
GRITS, PLAIN	1/2 CUP	20	0	574	0.06	0.13	1.0	40	8	0.0	0.29	2.63	0.93	0.25	*0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		507	24	1471	4.90	5.33	454.2	780	180	18.08	18.62	76.50	13.65	5.92	*0.00
% of Calories											14.7%	60.4%	24.3%	10.5%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		102%				203%	212%	93%		158%	254%				
Shortfall								59						OVER	

Fri - 02/24/2012															
Biloxi Breakfast Elem	Total														
Pancake Pup	1 ea	230	35	480	0.00	1.08	40.0	0	0	0.0	6.0	23.0	12.0	0.00	0.00
SYRUP,PANCAKE	1 TBSP	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		469	29	656	3.84	5.74	465.5	712	166	18.08	16.33	79.40	9.22	1.27	*0.00
% of Calories											13.9%	67.7%	17.7%	2.4%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		94%				218%	217%	85%		158%	222%				
Shortfall								128							

Mon - 02/27/2012															
Biloxi Breakfast Elem	Total														
Cheese Toast 2 sl cheese SAG	slices	139	10	535	2.00	0.72	188.1	296	59	0.0	8.93	15.96	4.95	2.47	*0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Tater Tots	1/2 cup	136	0	344	1.79	0.46	10.0	4	1	4.52	1.47	19.89	6.18	1.30	*N/A*
Fruit cup, assorted	1/2 cup	65	0	4	1.40	0.35	8.3	148	15	4.76	0.4	17.17	0.05	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*

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Biloxi Breakfast Elem

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		535	17	1014	8.03	6.37	557.7	1012	212	17.16	19.33	91.59	11.93	3.81	*0.00
% of Calories											14.4%	68.4%	20.1%	6.4%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		107%				242%	260%	121%		150%	263%				

Tue - 02/28/2012															
Biloxi Breakfast Elem	Total														
Chicken Biscuit	1 ea	306	33	842	2.00	0.98	9.0	62	12	0.0	11.08	28.7	16.08	8.44	0.00
GRITS, PLAIN	1/2 CUP	20	0	574	0.06	0.13	1.0	40	8	0.0	0.29	2.63	0.93	0.25	*0.00
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit Juice, Assorted Bilx	4 fl.oz.	67	0	10	0.00	0.00	0.0	0	0	10.2	0.33	15.32	0.0	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		495	28	1116	4.87	5.76	450.3	763	177	18.08	19.01	77.54	11.73	5.61	*0.00
% of Calories											15.4%	62.7%	21.3%	10.2%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		99%				219%	210%	91%		158%	259%				
Shortfall		4						76						OVER	

Wed - 02/29/2012															
Biloxi Breakfast Elem	Total														
Pancakes (Pur) w/syrup SAG	2 - 4 in. 2 o	317	15	461	1.97	1.81	59.9	177	24	0.25	4.37	67.07	4.24	0.66	*N/A*
SYRUP,PANCAKE	1 TBSP	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Cereal-Cld, Ast, Gen Mills SAG	bowl	103	0	195	1.74	8.44	225.5	422	133	10.16	1.86	22.86	1.08	0.08	*0.00
TOAST,WHOLE-WHEAT BREAD	1 SLICE	77	0	146	2.30	0.74	32.5	1	0	0.0	4.07	12.79	1.02	0.23	*N/A*
Fruit cup, assorted	3/8 cup	48	0	3	1.05	0.26	6.2	111	11	3.57	0.3	12.88	0.04	0.00	*N/A*
Milk, Bilx	1/2 pint	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.33	1.67	1.00	*N/A*
Weighted Daily Average		495	19	640	5.87	6.37	481.7	911	189	11.58	15.48	98.99	5.38	1.60	*0.00
% of Calories											12.5%	80.0%	9.8%	2.9%	*0.0%
Nutrient Guideline		498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied		99%				242%	225%	109%		101%	211%				
Shortfall		3													

Weighted Average		542	33	997	6.13	6.15	496.8	939	204	22.98	18.41	91.55	11.90	4.12	*0.00
											13.6%	67.5%	19.8%	6.8%	*0.0%

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Biloxi Breakfast Elem

Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	542		498	109%			
Cholesterol (mg)	33						
Sodium (mg)	997						
Fiber (g)	6.13						
Iron (mg)	6.15		2.63	234%			
Calcium (mg)	496.8		214.29	232%			
Vitamin A (IU)	939		839	112%			
Vitamin A (RE)	204		168	122%			
Vitamin C (mg)	22.98		11.43	201%			
Protein (g)	18.41	13.58%	7.34	251%			
Carbohydrate (g)	91.55	67.54%					
Total Fat (g)	11.90	19.75%	<=30.00%				
Saturated Fat (g)	4.12	6.84%	<10.00%				
Trans Fat (g)	0.00	0.00%			Missing		

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