

# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Mon - 03/01/2010</b>																
Biloxi High School	Total	1101														
Chicken Spaghetti Tr Bilx	3/4 cup	100	271	65	1319	1.22	1.97	109.4	286	51	6.9	26.2	27.8	6.2	1.92	*0.00
Corn Bilx	1/2 cup	440	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Tossed salad w/ Italian	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	440	70	0	120	1.50	0.72	10.0	0	0	0.00	2.5	13.5	1.0	0.00	0.00
Applesauce, Bilx	1/2 cup	440	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Hot Dog Bilx	1 dog	100	250	25	610	1.00	1.80	40.0	0	0	0.00	9.0	20.0	14.5	5.00	*0.00
Chili for Hot Dogs	1 1/2 oz	100	93	25	307	0.35	0.86	8.1	282	38	2.7	7.8	5.2	4.8	1.77	*0.00
Potato Wedges Tr SAG	1/2 cup	440	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Stuffed Crust Cheese Pizza	1 slice Pizz	100	380	15	940	4.00	5.40	350.0	500	100	0.00	18.0	46.0	15.0	4.50	0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	100	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Veggie Lovers Wrap	Wraps	100	548	49	1300	7.61	2.66	493.9	2004	466	12.9	28.0	54.5	24.7	11.81	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			887	66	1549	11.27	6.05	704.1	6433	655	55.82	40.29	131.02	24.80	8.26	*0.11
% of Calories												18.2%	59.1%	25.2%	8.4%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			108%				134%	176%	429%		310%	252%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 03/02/2010																
Biloxi High School	Total	1101														
Chicken & Sausage Gumbo	8 oz	100	325	59	998	2.42	3.15	63.7	831	153	20.0	21.8	37.4	9.6	2.65	*0.00
POTATO SALAD	2/3 CUP	440	102	6	309	1.59	0.37	10.0	26	5	9.2	1.4	17.9	2.9	0.48	*0.00
Green beans, can Bilx	1/2 cup	440	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
PEARS: canned,light syrup	1/2 cup	440	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Cheddar Onion Burger Bilx	1 EACH	100	419	13	890	2.97	4.20	164.1	217	58	8.5	25.2	38.6	19.9	9.43	*0.00
Tater Tots Bilx	1/2 cup	440	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Broccoli Topped Pizza	1/8 pie	100	402	19	717	4.61	2.18	527.4	501	124	13.1	24.5	42.9	14.2	4.64	*0.00
Cheese Sticks w/ Sauce Farm R	6 ea	100	615	29	1364	3.44	2.47	451.8	1007	201	6.5	35.9	49.9	31.8	12.01	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Turkey Chef Salad \$ Trad SAG	1 salad	100	216	43	509	1.67	1.94	184.1	4046	311	11.7	20.2	22.4	4.8	1.73	*0.11
Chicken Caesar Wrap New	1 each	100	509	25	1071	5.46	2.15	145.8	1572	65	4.2	18.0	46.6	28.1	6.03	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	550	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			928	60	1782	12.14	5.53	708.6	4928	530	61.00	40.92	133.32	27.39	8.93	*0.08
% of Calories												17.6%	57.5%	26.6%	8.7%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			112%				123%	177%	329%		339%	256%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 03/03/2010																
Biloxi High School	Total	1102														
SALISBURY STEAK SAG	SERVINGS	100	224	82	171	0.89	2.74	16.4	62	19	0.7	20.8	5.3	12.7	4.38	*0.00
Rice, white ckd	1/2 cup	440	122	0	216	0.72	1.73	19.7	0	0	0.00	2.6	26.3	0.3	0.10	*0.00
Gravy Brown SAG	2 oz	440	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Normandy Vegetables Tr SAG	1/2 cup	440	74	0	176	2.49	0.45	26.4	4192	791	25.0	1.6	5.2	5.6	1.48	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	440	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Grilled Chicken Wrap	1 Sandwich	100	578	60	1398	7.26	2.25	53.9	231	20	4.8	25.0	55.4	28.2	6.91	*0.00
Quick Baked Potatoes	1 HALF-P	440	83	0	431	2.42	0.89	13.6	99	11	21.1	2.2	18.7	0.1	0.03	*0.00
	OTATO															
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Veggie Calazones	calazones	100	432	19	856	2.73	3.29	452.4	1742	414	13.7	25.2	55.4	12.0	4.48	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Ham Chef Salad\$ Tr SAG	1 salad	100	216	25	1255	2.08	2.66	154.9	6043	456	16.7	13.3	24.7	6.4	2.42	*0.86
Santa Fe Turkey & Cheddar Wrap	1 sandwich	100	715	58	2317	4.33	5.31	297.3	2710	507	27.3	25.7	72.9	36.1	7.27	*0.00
Cole Slaw (1/2 cup)	1/2 CUP	440	100	0	455	1.84	0.32	29.0	1566	260	23.0	0.9	10.4	6.2	0.94	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			1022	73	2212	12.67	7.30	717.6	7393	1023	77.29	44.46	146.14	29.94	9.04	*0.15
% of Calories												17.4%	57.2%	26.4%	8.0%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			124%				162%	179%	493%		429%	278%				

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Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

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Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/04/2010																
Biloxi High School	Total	1101														
Red Beans & Rice w/ HamSausage	serving	100	315	43	1757	2.80	3.32	30.4	229	45	6.5	16.1	42.1	8.5	3.13	*0.00
Cabbage, boiled SAG TR	1/2 cup	440	46	0	140	1.34	0.25	21.5	287	54	19.7	0.7	3.1	3.6	0.99	*0.00
CARROTS: Seasoned	1/2 cup	440	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Cornbread SAG	4" x 3" squ are	440	139	19	359	1.59	1.34	103.8	47	14	0.1	3.4	22.3	4.2	0.68	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	440	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
CORN DOG BILX	1 each	100	320	30	1140	2.00	1.44	0.0	0	0	0.00	9.0	33.0	17.0	6.00	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
South of the Border Pizza	1 ea	100	365	38	808	4.82	2.98	325.0	693	114	11.2	24.1	42.7	10.5	3.45	*0.00
Combination Pizza	1/8 pie	100	416	36	1044	4.26	2.19	370.6	307	75	4.8	23.5	42.0	16.9	4.59	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
CHICKEN FAJITA SALAD TR SAG	1 salad	100	277	58	870	1.92	2.46	136.6	2473	293	13.1	22.5	26.5	8.6	2.92	*0.11
Parisan Ham & Cheese Wrap	1 sandwich	100	673	47	2175	4.03	4.14	286.6	765	124	7.2	23.9	65.5	34.7	9.17	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			865	71	2009	11.50	5.70	706.5	10777	1182	53.01	38.18	120.72	26.60	8.43	*0.08
% of Calories												17.7%	55.8%	27.7%	8.8%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			105%				127%	177%	718%		295%	239%				

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Feb 22, 2010

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Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 03/05/2010																
Biloxi High School	Total	1101														
Cheesy Chicken over Rice(Trad)	serving	100	300	66	661	0.53	1.83	139.7	359	66	2.2	23.1	28.1	10.0	4.48	*0.00
Broccoli Steamed NM	1/2 cup	440	58	0	605	2.72	0.56	30.6	1079	204	36.4	2.8	4.9	3.7	0.99	*0.00
PEAS & CARROTS: frozen	1/2 cup	440	92	0	580	3.08	0.99	24.8	8818	902	10.2	3.1	11.0	4.9	1.29	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Blueberry Crumble SAG	1/2 cup	440	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
BBQ Pork Riblet Bilx	1 each	100	142	50	409	1.05	1.39	30.3	144	29	1.3	14.1	8.4	5.9	2.03	*0.00
Tater Tots (Trad.)	1 cup	550	272	0	688	3.58	0.92	20.1	7	3	9.0	2.9	39.8	12.4	2.61	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	550	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza Bilx	1/8 pie	100	472	19	754	3.33	4.03	574.6	508	125	6.8	26.1	62.6	12.3	4.66	*0.00
Pizza,w/ Hawaiian (And)	slice	100	146	17	436	1.21	0.51	269.9	174	35	10.3	11.9	13.6	4.9	2.53	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
HAM SALAD Bilx	1/2 CUP	100	169	19	937	0.33	0.58	5.9	301	4	0.7	8.6	14.3	8.6	1.60	*0.00
TUNA SALAD WRAP Bilx	sandwiche	100	313	77	643	1.33	0.71	28.0	369	24	0.2	16.3	35.7	12.1	1.93	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			1018	71	2308	12.38	6.16	664.7	5884	727	58.86	41.75	145.49	31.79	9.71	*0.07
% of Calories												16.4%	57.2%	28.1%	8.6%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			123%				137%	166%	392%		327%	261%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

Page 6

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 03/08/2010																
Biloxi High School	Total	1101														
SHEPHERD'S PIE, Biloxi	1 PIECE	100	274	47	550	1.37	1.67	157.5	495	137	15.2	19.1	19.4	13.1	4.44	*0.00
Mixed Vegetables 1/2 cup	1/2 cup	440	111	0	653	2.19	0.40	22.2	1610	322	3.9	2.2	13.0	5.3	1.46	*0.00
CARROTS: Seasoned	1/2 cup	440	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Strawberries	3/8 cup	440	92	0	3	1.82	0.56	10.5	23	2	39.6	0.5	24.8	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
BBQ Pork Riblet Sandwich Bilx	1 each	100	382	50	889	3.05	4.09	90.3	144	29	3.8	23.1	54.4	7.9	2.53	*0.00
Tater Tots Bilx	1/2 cup	367	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	367	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Broccoli Cheese Calazones	calazones	100	427	19	849	2.44	3.26	449.0	501	124	13.1	25.2	54.4	12.0	4.48	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	100	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Santa Fe Turkey & Cheddar Wrap	1 sandwich	100	715	58	2317	4.33	5.31	297.3	2710	507	27.3	25.7	72.9	36.1	7.27	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Tossed salad w/ light dressing	1/2 cup	367	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Weighted Daily Average			984	70	2225	12.37	6.45	714.9	10858	1281	64.66	41.06	142.26	29.41	9.05	*0.11
% of Calories												16.7%	57.8%	26.9%	8.3%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			119%				143%	179%	724%		359%	257%				

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## Chartwells School Dining Services

### Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

#### Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Tue - 03/09/2010</b>																
Biloxi High School	Total	1101														
Macaroni & Cheese w/Ham BILX	1 cup	100	265	33	1496	1.99	1.50	180.2	321	64	0.0	16.8	27.2	9.6	3.98	*0.00
PEAS & CARROTS: frozen	1/2 cup	440	92	0	580	3.08	0.99	24.8	8818	902	10.2	3.1	11.0	4.9	1.29	*0.00
Broccoli Steamed NM	1/2 cup	440	58	0	605	2.72	0.56	30.6	1079	204	36.4	2.8	4.9	3.7	0.99	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	440	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Pizza burger on bun made w/ wh	1 Each	100	399	4	924	1.87	4.19	172.4	621	124	10.5	23.1	28.2	20.9	8.13	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	550	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Pepperoni/Mushroom Pizza Blx	slice	100	467	22	769	3.33	3.90	472.0	332	84	3.9	23.5	61.7	13.6	4.87	*0.00
Broccoli Topped Pizza	1/8 pie	100	402	19	717	4.61	2.18	527.4	501	124	13.1	24.5	42.9	14.2	4.64	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Buffalo Chicken Salad Bar	1 each	100	1055	89	2614	11.20	4.53	342.9	2702	380	47.1	35.6	131.4	43.2	14.22	*0.00
Turkey Chef Salad \$ Trad SAG	1 salad	100	216	43	509	1.67	1.94	184.1	4046	311	11.7	20.2	22.4	4.8	1.73	*0.11
Chicken Salad Sandwich	1 EACH	100	344	52	562	4.44	2.28	57.4	190	9	1.1	22.9	31.1	12.6	2.14	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	367	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Tossed salad w/ light dressing	1/2 cup	550	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Weighted Daily Average			949	70	2228	13.30	6.65	740.8	9313	1010	65.92	45.22	130.10	28.95	9.60	*0.08
% of Calories											19.1%	54.9%	27.5%	9.1%	0.1%	
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			115%				148%	185%	621%		366%	283%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 03/10/2010																
Biloxi High School	Total	1201														
Hamburger Pepper Steak BILX	1 Each	100	224	62	254	1.22	2.93	16.7	46	10	7.5	23.8	1.9	13.1	5.13	*0.00
Rice, white ckd	1/2 cup	440	122	0	216	0.72	1.73	19.7	0	0	0.00	2.6	26.3	0.3	0.10	*0.00
Gravy Brown SAG	2 oz	440	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Black Eyed Peas SAG 1/2 cu	1/2 cup	440	232	0	387	*0.00	2.98	65.1	36	7	1.1	12.8	37.1	4.3	0.62	*0.00
Cabbage, boiled SAG TR	1/2 cup	440	46	0	140	1.34	0.25	21.5	287	54	19.7	0.7	3.1	3.6	0.99	*0.00
Cornbread SAG	4" x 3" squ	440	139	19	359	1.59	1.34	103.8	47	14	0.1	3.4	22.3	4.2	0.68	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	440	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Cheddar Onion Burger Bilx	1 EACH	100	419	13	890	2.97	4.20	164.1	217	58	8.5	25.2	38.6	19.9	9.43	*0.00
Tater Tots Bilx	1/2 cup	343	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	343	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Veggie Calazones	calazones	100	432	19	856	2.73	3.29	452.4	1742	414	13.7	25.2	55.4	12.0	4.48	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Ham Chef Salad\$ Tr SAG	1 salad	100	216	25	1255	2.08	2.66	154.9	6043	456	16.7	13.3	24.7	6.4	2.42	*0.86
Triple Decker Turkey Club	1 Each	100	478	37	1448	*7.28	*2.96	*76.6	*618	*44	*6.7	21.6	49.0	19.7	2.93	*0.00
Tossed salad w/ light dressing	1/2 cup	343	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Weighted Daily Average			899	63	1777	*7.97	*7.02	*680.8	*4078	*500	*41.12	43.07	125.43	25.62	8.11	*0.14
% of Calories												19.2%	55.8%	25.6%	8.1%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			109%				156%	170%	272%		228%	269%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/11/2010																
Biloxi High School	Total	1101														
SHEPHERD'S PIE, Biloxi	1 PIECE	100	274	47	550	1.37	1.67	157.5	495	137	15.2	19.1	19.4	13.1	4.44	*0.00
Green beans, can Bilx	1/2 cup	440	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
Corn Bilx	1/2 cup	440	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Apple Quick Crisp SAG	1/2 cup	440	203	4	136	1.97	0.74	7.5	34	3	0.2	1.9	32.9	7.6	1.58	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Mushroom Swiss Burger Bilx	1 EACH	100	381	4	820	1.94	4.33	153.4	185	37	1.9	24.7	29.6	19.0	9.13	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Ham & Cheese Calazones	calazones	100	459	34	1122	1.92	3.22	446.8	422	108	4.9	28.2	54.5	14.3	5.05	*0.00
South of the Border Pizza	1 ea	100	365	38	808	4.82	2.98	325.0	693	114	11.2	24.1	42.7	10.5	3.45	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
CHICKEN FAJITA SALAD TR SAG	1 salad	100	277	58	870	1.92	2.46	136.6	2473	293	13.1	22.5	26.5	8.6	2.92	*0.11
Ham and cheese wrap	1 sandwich	100	477	47	2018	2.78	1.39	212.3	713	114	6.1	20.6	42.4	24.8	7.47	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			920	67	1850	11.82	5.89	687.6	2705	383	44.97	42.37	131.66	26.77	9.05	*0.08
% of Calories												18.4%	57.3%	26.2%	8.9%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			111%				131%	172%	180%		250%	265%				

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## Chartwells School Dining Services

### Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Fri - 03/12/2010</b>																
Biloxi High School	Total	1101														
Pork Roast USDA	2 oz.	100	174	80	55	0.00	0.99	6.0	0	0	0.00	25.8	0.00	6.9	1.99	*0.25
Rice, white ckd	1/2 cup	440	122	0	216	0.72	1.73	19.7	0	0	0.00	2.6	26.3	0.3	0.10	*0.00
Gravy Brown SAG	2 oz	440	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Green beans, can Bilx	1/2 cup	440	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
CARROTS: Seasoned	1/2 cup	440	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Baked Apples - 1/2 cu SAG	1/2 cup	440	109	0	14	2.46	0.30	15.8	95	14	0.2	0.3	25.5	1.5	0.36	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Cheeseburger Mini on Roll	2 minis	100	385	62	715	0.00	1.44	180.0	375	75	0.00	20.5	29.0	21.0	8.50	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Vegetable Lover's Pizza	1/8 pie	100	400	19	753	4.26	2.24	526.0	391	100	4.8	24.0	42.2	14.6	4.69	*0.00
Mexican Pizza (Traditional)	1 ea	100	604	115	1136	4.91	5.28	336.0	789	139	13.2	44.5	45.1	26.2	9.84	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Tuna Salad Plate	1 plate	100	334	40	646	2.64	2.49	34.9	4474	310	17.9	21.6	35.2	12.1	1.75	*0.11
Sub Sandwich	1 each	100	451	57	1700	2.45	3.35	219.8	510	104	8.4	24.8	50.2	16.3	7.91	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Weighted Daily Average			969	83	1983	13.18	6.86	712.4	11042	1189	49.75	45.79	138.62	27.15	9.21	*0.10
% of Calories												18.9%	57.2%	25.2%	8.6%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			117%				152%	178%	736%		276%	286%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 03/15/2010																
Biloxi High School	Total	1101														
SALISBURY STEAK SAG	SERVINGS	100	224	82	171	0.89	2.74	16.4	62	19	0.7	20.8	5.3	12.7	4.38	*0.00
Mashed Potatoes Bilx	1/2 cup	440	142	1	364	2.12	0.47	50.6	224	51	36.3	3.4	23.4	3.8	1.10	*0.00
Gravy Brown SAG	2 oz	440	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
PEAS & CARROTS: frozen	1/2 cup	440	92	0	580	3.08	0.99	24.8	8818	902	10.2	3.1	11.0	4.9	1.29	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Apple Quick Crisp SAG	1/2 cup	440	203	4	136	1.97	0.74	7.5	34	3	0.2	1.9	32.9	7.6	1.58	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Hot Dog Bilx	1 dog	100	250	25	610	1.00	1.80	40.0	0	0	0.00	9.0	20.0	14.5	5.00	*0.00
Chili for Hot Dogs	1 1/2 oz	100	93	25	307	0.35	0.86	8.1	282	38	2.7	7.8	5.2	4.8	1.77	*0.00
Potato Wedges Tr SAG	1/2 cup	440	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Stuffed Crust Cheese Pizza	1 slice Pizz	100	380	15	940	4.00	5.40	350.0	500	100	0.00	18.0	46.0	15.0	4.50	0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	100	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Veggie Lovers Wrap	Wraps	100	548	49	1300	7.61	2.66	493.9	2004	466	12.9	28.0	54.5	24.7	11.81	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			1021	78	1954	12.88	6.86	717.2	7897	878	64.70	44.13	144.13	31.62	10.30	*0.11
% of Calories											17.3%	56.5%	27.9%	9.1%	0.1%	
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			124%				153%	179%	526%		359%	276%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 03/16/2010																
Biloxi High School	Total	1101														
Red Beans & Rice w/ HamSausage	100 serving	100	315	43	1757	2.80	3.32	30.4	229	45	6.5	16.1	42.1	8.5	3.13	*0.00
Cabbage, boiled SAG TR	1/2 cup	440	46	0	140	1.34	0.25	21.5	287	54	19.7	0.7	3.1	3.6	0.99	*0.00
Green Beans seasoned 1/2c SAG	1/2 cup	440	30	0	280	1.52	0.72	22.4	368	74	3.4	1.0	5.0	1.0	0.26	*0.00
Cornbread SAG	4" x 3" squ are	440	139	19	359	1.59	1.34	103.8	47	14	0.1	3.4	22.3	4.2	0.68	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	440	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Cheddar Onion Burger Bilx	1 EACH	100	419	13	890	2.97	4.20	164.1	217	58	8.5	25.2	38.6	19.9	9.43	*0.00
Tater Tots Bilx	1/2 cup	440	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Broccoli Topped Pizza	1/8 pie	100	402	19	717	4.61	2.18	527.4	501	124	13.1	24.5	42.9	14.2	4.64	*0.00
Cheese Sticks w/ Sauce Farm R	6 ea	100	615	29	1364	3.44	2.47	451.8	1007	201	6.5	35.9	49.9	31.8	12.01	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Turkey Chef Salad \$ Trad SAG	1 salad	100	216	43	509	1.67	1.94	184.1	4046	311	11.7	20.2	22.4	4.8	1.73	*0.11
Chicken Caesar Wrap New	1 each	100	509	25	1071	5.46	2.15	145.8	1572	65	4.2	18.0	46.6	28.1	6.03	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	550	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			937	64	1896	11.70	5.93	736.3	4983	557	61.15	41.02	131.93	28.78	9.32	*0.08
% of Calories											17.5%	17.5%	56.3%	27.6%	8.9%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			114%				132%	184%	332%		340%	256%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Wed - 03/17/2010</b>																
Biloxi High School	Total	1101														
Chicken Fajitas BILX	1 each	100	397	89	1136	2.17	2.78	90.3	0	0	0.00	31.0	35.9	14.2	3.84	*0.00
Mexican corn	1/2 cup	440	87	0	181	2.22	0.66	7.3	473	73	21.4	2.3	18.1	1.5	0.33	*0.00
Spanish Rice	1/2 CUP	440	174	0	211	1.25	1.47	15.6	603	123	8.1	2.4	25.2	7.4	2.00	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	440	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Grilled Chicken Wrap	1 Sandwich	100	578	60	1398	7.26	2.25	53.9	231	20	4.8	25.0	55.4	28.2	6.91	*0.00
Quick Baked Potatoes	1 HALF-P	440	83	0	431	2.42	0.89	13.6	99	11	21.1	2.2	18.7	0.1	0.03	*0.00
OTATO																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Veggie Calazones	calazones	100	432	19	856	2.73	3.29	452.4	1742	414	13.7	25.2	55.4	12.0	4.48	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Ham Chef Salad\$ Tr SAG	1 salad	100	216	25	1255	2.08	2.66	154.9	6043	456	16.7	13.3	24.7	6.4	2.42	*0.86
Santa Fe Turkey & Cheddar Wrap	1 sandwich	100	715	58	2317	4.33	5.31	297.3	2710	507	27.3	25.7	72.9	36.1	7.27	*0.00
Cole Slaw (1/2 cup)	1/2 CUP	440	100	0	455	1.84	0.32	29.0	1566	260	23.0	0.9	10.4	6.2	0.94	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			983	66	2107	11.63	6.49	709.6	6137	780	78.58	42.12	141.08	29.25	8.76	*0.15
% of Calories												17.1%	57.4%	26.8%	8.0%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			119%				144%	177%	409%		437%	263%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/18/2010																
Biloxi High School	Total	1101														
Chicken & Sausage Gumbo	8 oz	100	325	59	998	2.42	3.15	63.7	831	153	20.0	21.8	37.4	9.6	2.65	*0.00
POTATO SALAD	2/3 CUP	440	102	6	309	1.59	0.37	10.0	26	5	9.2	1.4	17.9	2.9	0.48	*0.00
Corn Bilx	1/2 cup	440	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Applesauce, Bilx	1/2 cup	440	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
CORN DOG BILX	1 each	100	320	30	1140	2.00	1.44	0.0	0	0	0.00	9.0	33.0	17.0	6.00	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
South of the Border Pizza	1 ea	100	365	38	808	4.82	2.98	325.0	693	114	11.2	24.1	42.7	10.5	3.45	*0.00
Combination Pizza	1/8 pie	100	416	36	1044	4.26	2.19	370.6	307	75	4.8	23.5	42.0	16.9	4.59	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
CHICKEN FAJITA SALAD TR SAG	1 salad	100	277	58	870	1.92	2.46	136.6	2473	293	13.1	22.5	26.5	8.6	2.92	*0.11
Chicken Tender Wrap SAG\$	3 tenders	100	486	34	1053	7.52	1.80	41.7	0	0	0.00	23.2	56.9	14.4	2.56	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			832	66	1588	10.43	4.97	626.0	4256	471	49.84	38.12	122.75	22.26	7.12	*0.08
% of Calories												18.3%	59.0%	24.1%	7.7%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			101%				110%	157%	284%		277%	238%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

Page 15

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 03/19/2010																
Biloxi High School	Total	1101														
Turkey Pot Pie Bilx	1 serv.	100	394	45	1349	4.09	1.42	60.9	1883	191	7.0	24.7	43.4	13.3	6.41	*0.00
Mixed Vegetables 1/2 cup	1/2 cup	440	111	0	653	2.19	0.40	22.2	1610	322	3.9	2.2	13.0	5.3	1.46	*0.00
Broccoli Steamed NM	1/2 cup	440	58	0	605	2.72	0.56	30.6	1079	204	36.4	2.8	4.9	3.7	0.99	*0.00
Blueberry Crumble SAG	1/2 cup	440	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
BBQ Pork Riblet Bilx	1 each	100	142	50	409	1.05	1.39	30.3	144	29	1.3	14.1	8.4	5.9	2.03	*0.00
Tater Tots (Trad.)	1 cup	550	272	0	688	3.58	0.92	20.1	7	3	9.0	2.9	39.8	12.4	2.61	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	550	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza Bilx	1/8 pie	100	472	19	754	3.33	4.03	574.6	508	125	6.8	26.1	62.6	12.3	4.66	*0.00
Pizza,w/ Hawaiian (And)	slice	100	146	17	436	1.21	0.51	269.9	174	35	10.3	11.9	13.6	4.9	2.53	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
HAM SALAD Bilx	1/2 CUP	100	169	19	937	0.33	0.58	5.9	301	4	0.7	8.6	14.3	8.6	1.60	*0.00
TUNA SALAD WRAP Bilx	sandwiche	100	313	77	643	1.33	0.71	28.0	369	24	0.2	16.3	35.7	12.1	1.93	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			963	64	2209	11.07	5.15	651.5	3135	504	56.27	39.42	134.99	30.79	9.55	*0.07
% of Calories												16.4%	56.1%	28.8%	8.9%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			117%				114%	163%	209%		313%	246%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

Page 16

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 03/22/2010																
Biloxi High School	Total	1101														
CHICKEN PARMESAN BC SAG	1 each	100	198	42	559	1.97	1.17	69.6	732	80	7.6	18.0	12.3	8.5	1.87	*0.00
PASTA SEASONED SAG	1/2 cup	100	64	12	92	0.52	0.63	5.2	9	3	0.00	2.0	11.4	1.2	0.20	*0.01
Green beans, can Bilx	1/2 cup	440	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
CARROTS: Seasoned	1/2 cup	440	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	440	70	0	120	1.50	0.72	10.0	0	0	0.00	2.5	13.5	1.0	0.00	0.00
Blueberry Crumble SAG	1/2 cup	440	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Hot Dog Bilx	1 dog	100	250	25	610	1.00	1.80	40.0	0	0	0.00	9.0	20.0	14.5	5.00	*0.00
Chili for Hot Dogs	1 1/2 oz	100	93	25	307	0.35	0.86	8.1	282	38	2.7	7.8	5.2	4.8	1.77	*0.00
Potato Wedges Tr SAG	1/2 cup	440	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Stuffed Crust Cheese Pizza	1 slice Pizz	100	380	15	940	4.00	5.40	350.0	500	100	0.00	18.0	46.0	15.0	4.50	0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	100	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Veggie Lovers Wrap	Wraps	100	548	49	1300	7.61	2.66	493.9	2004	466	12.9	28.0	54.5	24.7	11.81	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			956	68	1899	12.97	6.39	729.0	10979	1212	52.91	40.91	136.71	29.09	9.48	*0.11
% of Calories												17.1%	57.2%	27.4%	8.9%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			116%				142%	182%	732%		294%	256%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

Page 17

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Tue - 03/23/2010</b>																
Biloxi High School	Total	1101														
Macho nachos w/ Mexican meat & Mexican corn	1 Serving	100	419	71	817	4.58	2.12	74.0	287	40	2.6	22.4	27.8	23.5	5.90	*2.49
Pinto Beans Tr SAG	1/2 cup	440	87	0	181	2.22	0.66	7.3	473	73	21.4	2.3	18.1	1.5	0.33	*0.00
Spanish Rice	1/2 CUP	440	259	0	394	13.23	3.07	67.6	243	49	1.2	13.2	38.5	6.3	1.62	*0.00
Applesauce, Bilx	1/2 cup	440	174	0	211	1.25	1.47	15.6	603	123	8.1	2.4	25.2	7.4	2.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Milk, Bilx	1/2 pint	1100	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Cheddar Onion Burger Bilx	1 EACH	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Tater Tots Bilx	1/2 cup	440	419	13	890	2.97	4.20	164.1	217	58	8.5	25.2	38.6	19.9	9.43	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Broccoli Topped Pizza	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Cheese Sticks w/ Sauce Farm R	6 ea	100	402	19	717	4.61	2.18	527.4	501	124	13.1	24.5	42.9	14.2	4.64	*0.00
Casa Amigo Line SAG	1 Serving	100	615	29	1364	3.44	2.47	451.8	1007	201	6.5	35.9	49.9	31.8	12.01	*0.00
Sandwich Central SAG	1 Each	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Turkey Chef Salad \$ Trad SAG	1 salad	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Chicken Caesar Wrap New	1 each	100	216	43	509	1.67	1.94	184.1	4046	311	11.7	20.2	22.4	4.8	1.73	*0.11
Tossed salad w/ light dressing	1/2 cup	440	509	25	1071	5.46	2.15	145.8	1572	65	4.2	18.0	46.6	28.1	6.03	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	550	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Weighted Daily Average			74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
% of Calories			1087	59	1827	16.36	7.04	716.2	4972	572	63.02	46.49	156.10	32.76	10.40	*0.31
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			132%				156%	179%	331%		350%	291%				

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## Chartwells School Dining Services

### Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Biloxi High School

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 03/24/2010																
Biloxi High School	Total	1101														
TURKEY AND NOODLES	1 CUP	100	232	66	340	0.92	2.19	65.6	156	38	1.6	21.6	20.7	6.4	1.93	*0.01
Broccoli Steamed NM	1/2 cup	440	58	0	605	2.72	0.56	30.6	1079	204	36.4	2.8	4.9	3.7	0.99	*0.00
Cucumber Slices w/ Ranch SAG	3/8 cup	440	73	4	121	0.28	0.16	8.9	58	12	1.6	0.4	2.4	6.9	1.09	*0.00
Biscuit, 2.25 oz.Rich's WG SAG	1 each	440	190	0	670	2.00	0.00	0.0	0	0	0.00	4.0	23.0	9.0	5.00	0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	440	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Mushroom Swiss Burger Bilx	1 EACH	100	381	4	820	1.94	4.33	153.4	185	37	1.9	24.7	29.6	19.0	9.13	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Ham & Cheese Calazones	calazones	100	459	34	1122	1.92	3.22	446.8	422	108	4.9	28.2	54.5	14.3	5.05	*0.00
South of the Border Pizza	1 ea	100	365	38	808	4.82	2.98	325.0	693	114	11.2	24.1	42.7	10.5	3.45	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
CHICKEN FAJITA SALAD TR SAG	1 salad	100	277	58	870	1.92	2.46	136.6	2473	293	13.1	22.5	26.5	8.6	2.92	*0.11
Ham and cheese wrap	1 sandwich	100	477	47	2018	2.78	1.39	212.3	713	114	6.1	20.6	42.4	24.8	7.47	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			850	64	1960	10.11	4.81	663.9	2844	428	52.28	40.86	111.94	27.64	10.16	*0.08
% of Calories												19.2%	52.7%	29.2%	10.8%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			103%				107%	166%	190%		290%	255%				
Shortfall																OVER

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

Page 19

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/25/2010																
Biloxi High School	Total	1101														
Tater Tot 'n Cheese Bake	servings	100	558	119	1282	4.76	1.66	506.0	666	164	13.0	22.3	60.1	27.0	9.70	*0.00
Green beans, can Bilx	1/2 cup	440	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
Black Eyed Peas SAG 1/2 cu	1/2 cup	440	232	0	387	*0.00	2.98	65.1	36	7	1.1	12.8	37.1	4.3	0.62	*0.00
Rolls, Bilx	1 each	440	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	440	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Chicken Tender Wrap SAG\$	3 tenders	100	486	34	1053	7.52	1.80	41.7	0	0	0.00	23.2	56.9	14.4	2.56	*0.00
Quick Baked Potatoes	1 HALF-P	440	83	0	431	2.42	0.89	13.6	99	11	21.1	2.2	18.7	0.1	0.03	*0.00
OTATO																
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Veggie Calazones	calazones	100	432	19	856	2.73	3.29	452.4	1742	414	13.7	25.2	55.4	12.0	4.48	*0.00
Pepperoni Pizza (Trad) Bilx	1/8 pie	100	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Ham Chef Salad\$ Tr SAG	1 salad	100	216	25	1255	2.08	2.66	154.9	6043	456	16.7	13.3	24.7	6.4	2.42	*0.86
Santa Fe Turkey & Cheddar Wrap	1 sandwich	100	715	58	2317	4.33	5.31	297.3	2710	507	27.3	25.7	72.9	36.1	7.27	*0.00
Cole Slaw (1/2 cup)	1/2 CUP	440	100	0	455	1.84	0.32	29.0	1566	260	23.0	0.9	10.4	6.2	0.94	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Weighted Daily Average			1075	71	2419	*13.59	7.79	793.1	6196	765	74.03	47.58	158.12	29.71	8.85	*0.15
% of Calories												17.7%	58.8%	24.9%	7.4%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			130%				173%	198%	413%		411%	297%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Fri - 03/26/2010</b>																
Biloxi High School	Total	1101														
Spaghetti w/Meat Sauce Bilx	3/4 CUP	100	293	33	230	2.12	114.11	43.7	358	71	9.0	15.1	28.6	13.2	5.77	*0.00
Corn Bilx	1/2 cup	440	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Tossed salad w/ Italian	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	440	70	0	120	1.50	0.72	10.0	0	0	0.00	2.5	13.5	1.0	0.00	0.00
Baked Apples - 1/2 cu SAG	1/2 cup	440	109	0	14	2.46	0.30	15.8	95	14	0.2	0.3	25.5	1.5	0.36	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	440	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	1100	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Cheeseburger on a Bun Bilx	1 EACH	100	373	13	885	1.01	3.96	137.7	215	58	0.0	23.9	27.9	19.8	9.38	*0.00
Chicken Filet Sandwich Bilx	sandwich	100	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Cheeseburger Mini on Roll	2 minis	100	385	62	715	0.00	1.44	180.0	375	75	0.00	20.5	29.0	21.0	8.50	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	440	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Cheese Pizza 2 (Trad)SAG	1/8 pie	100	375	24	964	4.00	2.04	505.4	579	128	1.1	21.9	44.9	11.3	4.81	*0.00
Vegetable Lover's Pizza	1/8 pie	100	400	19	753	4.26	2.24	526.0	391	100	4.8	24.0	42.2	14.6	4.69	*0.00
Mexican Pizza (Traditional)	1 ea	100	604	115	1136	4.91	5.28	336.0	789	139	13.2	44.5	45.1	26.2	9.84	*0.00
Casa Amigo Line SAG	1 Serving	100	1105	127	2148	15.73	12.63	923.5	1894	328	34.7	61.4	141.9	33.2	11.37	*0.79
Sandwich Central SAG	1 Each	100	1065	76	2825	13.23	5.82	652.8	7398	911	93.7	50.6	143.1	32.9	9.39	*0.00
Tuna Salad Plate	1 plate	100	334	40	646	2.64	2.49	34.9	4474	310	17.9	21.6	35.2	12.1	1.75	*0.11
Sub Sandwich	1 each	100	451	57	1700	2.45	3.35	219.8	510	104	8.4	24.8	50.2	16.3	7.91	*0.00
FRUIT,FRESH ASSORTED SAG Tr	1 EACH	550	74	0	1	2.89	0.19	17.5	122	12	22.6	0.8	19.1	0.2	0.06	*0.00
Tossed salad w/ light dressing	1/2 cup	440	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Weighted Daily Average			865	71	1448	10.66	15.82	677.2	6559	639	52.54	41.42	122.25	25.23	8.61	*0.08
% of Calories												19.1%	56.5%	26.2%	8.9%	0.1%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			105%				351%	169%	437%		292%	259%				

<b>Mon - 03/29/2010</b>																
Biloxi High School	Total	1														
Spring Break	1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			825				4.50	400.00	1500		18.00	16.00		OVER	OVER	

<b>Tue - 03/30/2010</b>																
Biloxi High School	Total	1														
Spring Break	1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi High School

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Prottn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			825				4.50	400.00	1500		18.00	16.00		OVER	OVER	

Wed - 03/31/2010																
Biloxi High School	Total	1														
Spring Break	1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			825	0	0	0.00	4.50	400.00	1500		18.00	16.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			825				4.50	400.00	1500		18.00	16.00		OVER	OVER	

Weighted Average			950	68	1962	*12.00	*6.74	*702.9	*6568	*764	*58.89	42.26	135.24	28.28	9.10	*0.11
												17.8%	56.9%	26.8%	8.6%	0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	950		825	115%			
Cholesterol (mg)	68		0				
Sodium (mg)	1962		0				
Fiber (g)	12.00		0.00		Missing		
Iron (mg)	6.74		4.50	150%	Missing		
Calcium (mg)	702.9		400.00	176%	Missing		
Vitamin A (IU)	6568		1500	438%	Missing		
Vitamin A (RE)	764		300	255%	Missing		
Vitamin C (mg)	58.89		18.00	327%	Missing		
Protein (g)	42.26	17.79%	16.00	264%			
Carbohydrate (g)	135.24	56.92%	0.00				
Total Fat (g)	28.28	26.78%	<30.00				
Saturated Fat (g)	9.10	8.61%	<10.00				
Trans Fat (g)	0.11	0.11%					

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

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