

Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values

Oct 30, 2009

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 11/02/2009																
Biloxi Elementary	Total	900														
BAKED CHICKEN Bilx	1 PIECE	300	251	100	222	0.12	0.07	0.7	146	17	0.2	17.1	0.3	20.0	6.01	*0.00
Trio Sub SAG Tr	sandwich	300	419	56	1695	3.27	5.07	245.4	753	80	10.4	23.2	52.0	13.3	4.30	*0.03
Ham Chef Salad\$ NM SAG	1 salad	300	164	30	1173	1.23	1.14	203.3	2851	368	13.1	13.7	6.1	9.0	4.00	*0.00
Rolls, Bilx	1 each	300	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
PEAS&CARROTS,CND,REG PK,S OL&LI	1/2 cup	900	48	0	332	2.55	0.96	29.3	7357	736	8.4	2.8	10.8	0.3	0.06	*0.00
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
ROSY PEARS TR SAG	1/2 c	900	93	0	36	1.92	0.34	6.2	0	0	0.8	0.7	24.0	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	300	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Weighted Daily Average			697	74	1862	9.07	4.48	481.9	9348	1005	24.68	33.57	102.83	19.48	6.50	*0.01
% of Calories												19.3%	59.0%	25.2%	8.4%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			105%				129%	168%	836%		162%	344%				

Tue - 11/03/2009																
Biloxi Elementary	Total	900														
Hamburger on a WW SAG	1 each	300	233	19	599	2.25	3.04	101.9	58	12	0.00	18.1	24.9	7.1	2.26	*0.00
Hot Ham & Cheese Sandwich Bilx	1 sandwich	300	243	27	1368	1.00	1.93	228.1	296	59	0.00	16.7	28.0	6.8	3.14	*0.00
CHEF SALAD W/TURKEY HAM \$ SAG	1 salad	300	202	48	1037	1.59	1.22	138.8	2453	289	13.1	14.3	15.3	9.7	3.06	*0.43
Baked Beans NM	1/4 CUP	900	77	0	293	2.98	0.90	26.8	110	15	0.5	3.5	17.5	0.3	0.05	*0.00
Potato Wedges Tr SAG	1/2 cup	900	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	300	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Ketchup, 9 gm pc	1 each	900	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
Weighted Daily Average			637	39	1664	7.81	4.10	489.8	1534	222	17.78	30.08	108.62	11.50	4.11	*0.14
% of Calories												18.9%	68.2%	16.2%	5.8%	0.2%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			96%				118%	171%	137%		117%	308%				
Shortfall			27													

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Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 11/04/2009																
Biloxi Elementary	Total	900														
Corn Dog SAG	1 each	300	273	30	749	1.01	2.73	81.0	0	0	0.00	10.1	27.3	14.2	4.05	0.00
Turkey Stacker Trad	1 sandwich	300	337	41	823	1.55	2.42	215.0	245	39	0.5	25.3	46.4	5.7	1.85	*0.00
Chicken Salad on Lettuce	1 EACH	300	314	52	545	1.82	2.42	43.6	466	27	2.7	19.6	27.7	13.4	2.55	*0.86
Corn on the Cob	1 EACH	900	74	0	293	1.76	0.39	2.0	146	13	3.0	2.0	18.1	0.5	0.07	*0.00
Tater Tots (Trad.)	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Blueberry Crumble SAG	1/2 cup	900	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Ketchup, 9 gm pc	1 each	1200	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
MUSTARD: individual PC	5.5g pkt	300	4	0	69	0.06	0.11	4.6	0	0	0.00	0.3	0.4	0.2	0.01	*0.00
Weighted Daily Average			899	57	1905	6.14	4.55	417.7	881	125	11.41	33.14	132.22	27.40	7.09	*0.29
% of Calories												14.7%	58.8%	27.4%	7.1%	0.3%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			135%				131%	146%	79%		75%	339%				
Shortfall									238		3.83					

Thu - 11/05/2009																
Biloxi Elementary	Total	900														
Chicken Nuggets Bilx	5 each	300	272	65	570	0.00	0.00	0.0	0	0	0.00	14.0	12.0	18.0	4.50	*0.00
Hamburger Steak SAG	1 each	300	139	29	389	1.25	1.76	24.6	70	16	0.00	17.5	1.9	6.9	2.60	*0.00
Turkey Chef Salad LS NM SAG	1 salad	300	116	43	241	0.97	0.56	175.9	2333	279	12.4	17.9	5.0	2.7	1.25	*0.00
Mashed Potatoes	1/2 cup	900	89	0	342	1.23	0.24	30.1	208	46	2.2	2.0	11.6	4.2	1.00	*0.00
ROLLS,WHEAT: WW 2 oz SAG w/ o m	Each 2 oz.	900	186	0	289	2.78	1.60	20.9	20	6	0.0	4.8	29.4	6.0	0.44	*0.00
Green Peas Bilx	1/2 cup	900	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	600	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Salsa, commodity	.125 cup	600	1	0	15	0.05	0.08	0.4	19	2	0.1	0.1	0.2	0.0	0.00	*0.00
Gravy Brown SAG	2 oz	900	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Weighted Daily Average			768	63	1719	12.05	4.84	440.5	3581	314	18.57	39.68	101.46	23.57	5.67	*0.00
% of Calories												20.7%	52.8%	27.6%	6.6%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			116%				140%	154%	320%		122%	406%				

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Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 11/06/2009																
Biloxi Elementary	Total	900														
Turkey Pot Pie Bilx	1 serv.	300	394	45	1349	4.09	1.42	60.9	1883	191	7.0	24.7	43.4	13.3	6.41	*0.00
Hot Dog, Turkey Perdue	1 hot dog	300	234	46	843	1.86	1.00	139.5	0	0	0.00	11.8	21.6	11.5	3.54	0.00
Fruit & Cheese Plate (winter)	1 plate	300	228	16	568	3.39	1.33	244.2	1363	207	30.7	9.7	38.2	5.4	3.38	*0.05
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	900	5	0	2	0.36	0.09	3.4	230	17	3.3	0.3	1.1	0.1	0.01	*0.00
PEAS&CARROTS,CND,REG PK,S OL&LI	1/2 cup	900	48	0	332	2.55	0.96	29.3	7357	736	8.4	2.8	10.8	0.3	0.06	*0.00
Vegetarian Beans	3/8 cup	900	90	0	345	4.78	1.36	42.1	127	25	2.6	4.8	19.2	0.6	0.15	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	900	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	600	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Ketchup, 9 gm pc	1 each	900	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
MUSTARD: individual PC	5.5g pkt	900	4	0	69	0.06	0.11	4.6	0	0	0.00	0.3	0.4	0.2	0.01	*0.00
Chili for Hot Dogs	1 1/2 oz	300	93	25	307	0.35	0.86	8.1	282	38	2.7	7.8	5.2	4.8	1.77	*0.00
Weighted Daily Average			684	51	2175	11.66	4.44	527.1	10069	1149	40.19	35.14	109.65	14.39	6.03	*0.02
% of Calories												20.6%	64.2%	18.9%	7.9%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			103%				128%	184%	900%		264%	360%				
Mon - 11/09/2009																
Biloxi Elementary	Total	900														
Double Stuffed Cheese Pizza	1 portion	300	240	20	550	3.00	2.70	300.0	400	80	0.00	17.0	28.0	7.0	4.00	0.00
Macaroni & Cheese w/Ham BILX	1/2 cup	300	133	17	748	0.99	0.75	90.1	160	32	0.0	8.4	13.6	4.8	1.99	*0.00
Rolls, Bilx	1 each	300	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
TUNA SALAD SandwichBilx	sandwiche	300	352	77	812	1.77	2.95	98.6	369	24	0.2	17.9	45.0	11.1	1.86	*0.00
Tossed salad w/ light dressing	1/2 cup	900	37	2	21	0.93	0.49	13.9	1240	232	8.5	0.8	4.4	2.1	0.15	*0.00
Corn	1/2 cup	900	95	0	775	2.03	0.41	3.0	276	40	3.0	2.2	17.7	2.9	0.73	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Weighted Daily Average			629	51	1802	7.94	4.07	477.7	2307	405	14.69	27.11	100.46	15.18	4.59	*0.00
% of Calories												17.2%	63.9%	21.7%	6.6%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			95%				117%	167%	206%		96%	277%				
Shortfall			36								0.55					

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 11/10/2009																
Biloxi Elementary	Total	900														
Red Beans & Rice w/ HamSausage	300 serving	300	315	43	1757	2.80	3.32	30.4	229	45	6.5	16.1	42.1	8.5	3.13	*0.00
Turkey Stacker Trad	1 sandwich	300	337	41	823	1.55	2.42	215.0	245	39	0.5	25.3	46.4	5.7	1.85	*0.00
CHEF SALAD W/TURKEY HAM \$ SAG	1 salad	300	202	48	1037	1.59	1.22	138.8	2453	289	13.1	14.3	15.3	9.7	3.06	*0.43
Cabbage, Green Locally Grown	1/2 cup	900	46	0	605	1.34	0.26	21.8	215	39	19.7	0.7	3.1	3.6	0.99	*0.00
Tater Tots (Trad.)	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Blueberry Crumble SAG	1/2 cup	900	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Ketchup, 9 gm pc	1 each	900	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
Weighted Daily Average			843	60	2661	6.22	4.18	450.8	1688	254	33.68	32.02	117.21	27.35	7.87	*0.14
% of Calories												15.2%	55.6%	29.2%	8.4%	0.2%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			127%				120%	158%	151%		221%	328%				

Wed - 11/11/2009																
Biloxi Elementary	Total	900														
Corn Dog SAG	1 each	300	273	30	749	1.01	2.73	81.0	0	0	0.00	10.1	27.3	14.2	4.05	0.00
Turkey Pot Pie Bilx	1 serv.	300	394	45	1349	4.09	1.42	60.9	1883	191	7.0	24.7	43.4	13.3	6.41	*0.00
Turkey Chef Salad LS NM SAG	1 salad	300	116	43	241	0.97	0.56	175.9	2333	279	12.4	17.9	5.0	2.7	1.25	*0.00
Sweet Potatoes, Glazed	1/2 Cup	900	186	0	74	3.31	1.22	29.8	3910	782	11.3	1.4	37.0	3.9	1.04	*0.00
Green Peas Bilx	1/2 cup	900	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
Rosy Applesauce (1/2 cup) Bilx	1/2 c	900	117	0	64	1.47	0.44	5.1	13	1	2.1	0.7	30.2	0.2	0.04	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
KETCHUP: individual	1 pkt 9g	300	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
MUSTARD: individual PC	5.5g pkt	300	4	0	69	0.06	0.11	4.6	0	0	0.00	0.3	0.4	0.2	0.01	*0.00
Weighted Daily Average			778	47	1523	12.06	4.85	452.8	7855	1099	31.11	32.38	126.77	16.87	6.08	*0.00
% of Calories												16.6%	65.1%	19.5%	7.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			117%				140%	158%	702%		204%	331%				

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 11/12/2009																
Biloxi Elementary	Total	900														
SPAGHETTI AND MEAT SAUCE	1 CUP	300	322	126	312	2.98	3.94	42.2	6	135	5.4	21.2	34.2	10.7	4.39	*0.00
Turkey & Cheese Hoagie NM SAG	sandwich	300	222	40	442	1.34	1.64	214.7	336	43	2.2	21.4	25.5	4.1	1.24	*0.00
Taco Chef Salad\$ Tr SAG	1 salad	300	385	27	688	7.57	76.68	374.6	2095	287	12.5	16.6	42.9	16.8	5.96	*0.00
Garlic Toast Sticks SAG	2 each	900	52	0	90	0.57	0.74	20.5	0	0	0.1	2.1	10.0	0.8	0.00	*0.00
Corn on the Cob	1 EACH	900	74	0	293	1.76	0.39	2.0	146	13	3.0	2.0	18.1	0.5	0.07	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
MUSTARD: individual PC	5.5g pkt	300	4	0	69	0.06	0.11	4.6	0	0	0.00	0.3	0.4	0.2	0.01	*0.00
Mayonnaise,Dukes Light Packet	1 packet	300	47	0	93	0.04	0.00	0.7	0	0	0.00	0.0	3.0	3.7	0.56	*0.00
Weighted Daily Average			742	72	1643	11.37	29.57	566.9	17009	1927	14.64	32.44	116.12	18.56	5.96	*0.00
% of Calories												17.5%	62.6%	22.5%	7.2%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			112%				852%	198%	1521%		96%	332%				
Shortfall											0.60					

Fri - 11/13/2009																
Biloxi Elementary	Total	900														
Barbecued chicken wbone SAG	SERVING	300	289	100	330	0.32	0.24	8.1	211	42	3.2	17.4	10.1	20.1	6.01	*0.00
Rolls, Bilx	1 each	300	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
TUNA SALAD SandwichBilx	sandwiche	300	352	77	812	1.77	2.95	98.6	369	24	0.2	17.9	45.0	11.1	1.86	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	164	30	1173	1.23	1.14	203.3	2851	368	13.1	13.7	6.1	9.0	4.00	*0.00
Mashed Potatoes Bilx	1/2 cup	900	142	1	364	2.12	0.47	50.6	224	51	36.3	3.4	23.4	3.8	1.10	*0.00
Black Eyed Peas SAG 1/2 cu	1/2 cup	900	232	0	620	*0.00	2.98	65.3	0	0	1.1	12.8	37.1	4.3	0.62	*0.00
ROSY PEARS TR SAG	1/2 c	900	93	0	36	1.92	0.34	6.2	0	0	0.8	0.7	24.0	0.0	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			931	85	2105	*6.88	6.09	529.6	1874	298	47.04	43.00	137.85	24.48	7.02	*0.00
% of Calories												18.5%	59.2%	23.7%	6.8%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			140%				175%	185%	167%		309%	440%				

Mon - 11/16/2009																
Biloxi Elementary	Total	1														
Macaroni & Cheese w/Ham BILX	1/2 cup	1	133	17	748	0.99	0.75	90.1	160	32	0.0	8.4	13.6	4.8	1.99	*0.00
Turkey Stacker	1 sandwich	1	209	33	559	1.32	1.63	207.9	245	39	0.5	18.5	25.3	4.0	1.24	*0.00
Ham Chef Salad\$ NM SAG	1 salad	1	164	30	1173	1.23	1.14	203.3	2851	368	13.1	13.7	6.1	9.0	4.00	*0.00
PEAS&CARROTS,CND,REG PK,S OL&LI	1/2 cup	1	48	0	332	2.55	0.96	29.3	7357	736	8.4	2.8	10.8	0.3	0.06	*0.00
Rainbow Apples	1/2 apple	1	53	0	22	1.66	0.09	4.3	37	3	3.2	0.5	13.6	0.1	0.01	*0.00
Milk, Bilx	1/2 pint	1	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00

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Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values
Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protin	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			744	92	2988	8.42	4.80	834.8	11151	1278	27.95	51.91	91.81	19.96	8.31	*0.00
% of Calories												27.9%	49.4%	24.1%	10.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			112%				138%	292%	997%		183%	531%				
Shortfall																OVER

Tue - 11/17/2009																
Biloxi Elementary	Total	900														
Chicken Filet Sandwich SAG	1 sandwich	300	343	71	820	1.85	1.87	100.4	54	11	0.4	15.1	33.2	16.8	3.40	*0.00
Toasted Ham and Cheese	1 sandwich	300	243	32	1312	4.00	1.44	114.1	148	30	0.00	18.0	26.9	5.7	1.80	*0.00
Tuna Salad Plate	1 plate	300	325	40	635	1.97	2.12	19.5	775	44	8.7	21.1	33.5	12.0	1.74	*0.11
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	900	5	0	2	0.36	0.09	3.4	230	17	3.3	0.3	1.1	0.1	0.01	*0.00
Green Peas Bilx	1/2 cup	1	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
PEAR QUICK CRISP SAG	1/2 cup	900	212	4	159	1.44	0.74	4.6	0	0	0.6	1.8	30.6	9.5	1.85	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	300	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Weighted Daily Average			740	59	1388	6.41	3.11	378.4	1293	157	14.03	30.52	100.84	24.81	5.50	*0.04
% of Calories												16.5%	54.5%	30.2%	6.7%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			111%				90%	132%	116%		92%	312%				
Shortfall							0.36				1.21			OVER		

Wed - 11/18/2009																
Biloxi Elementary	Total	900														
Corn Dog SAG	1 each	300	273	30	749	1.01	2.73	81.0	0	0	0.00	10.1	27.3	14.2	4.05	0.00
Toasted Cheese Sand Bilx	Sandwiche	300	168	8	546	1.20	1.87	175.5	375	75	0.00	7.3	26.3	3.6	1.86	*0.00
Chili with Beans SAG	4 oz	300	189	19	379	5.60	67.75	47.7	553	65	3.8	11.2	19.5	8.1	3.41	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	164	30	1173	1.23	1.14	203.3	2851	368	13.1	13.7	6.1	9.0	4.00	*0.00
Mashed Potatoes Bilx	1/2 cup	900	142	1	364	2.12	0.47	50.6	224	51	36.3	3.4	23.4	3.8	1.10	*0.00
Green Peas frz SAG TR	1/2 cup	900	128	0	646	4.00	1.46	21.3	2203	118	17.1	5.0	14.7	5.7	1.52	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Ketchup, 9 gm pc	1 each	600	10	0	100	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
MUSTARD: individual PC	5.5g pkt	600	4	0	69	0.06	0.11	4.6	0	0	0.00	0.3	0.4	0.2	0.01	*0.00
Gravy Chicken, Prepared SAG	2 oz	600	25	0	436	0.00	0.01	1.2	0	0	0.00	1.2	3.7	0.6	0.00	*0.00
Weighted Daily Average			756	37	2505	11.17	26.95	538.6	4162	424	61.72	31.49	107.43	23.00	7.82	*0.00
% of Calories												16.7%	56.8%	27.4%	9.3%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			114%				776%	188%	372%		405%	322%				

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Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values

Oct 30, 2009

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Prot	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 11/19/2009																
Biloxi Elementary	Total	900														
Turkey Roast w/ Gravy	2 oz.	450	141	32	872	0.21	1.11	19.9	0	0	0.00	13.5	12.0	3.9	1.23	*0.00
TURKEY AND DRESSING SUPRE ME	SERVINGS	450	271	45	441	0.79	2.20	55.0	366	73	0.4	19.8	18.3	12.6	2.92	*0.00
Sweet Potatoes, Glazed	1/2 Cup	900	186	0	74	3.31	1.22	29.8	3910	782	11.3	1.4	37.0	3.9	1.04	*0.00
PEAS&CARROTS,CND,REG PK,S OL&LI	1/2 cup	900	48	0	332	2.55	0.96	29.3	7357	736	8.4	2.8	10.8	0.3	0.06	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Blueberry Crumble SAG	1/2 cup	900	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
Ice Cream	1/2	900	8	1	2	0.04	0.01	5.0	13	3	0.3	0.1	1.1	0.3	0.21	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Weighted Daily Average			991	68	1949	10.67	6.82	404.9	11975	1652	24.42	37.48	153.45	26.19	7.29	*0.00
% of Calories												15.1%	61.9%	23.8%	6.6%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			149%				196%	142%	1071%		160%	384%				

Fri - 11/20/2009																
Biloxi Elementary	Total	900														
Greek Chicken Tenders	3 ounces	300	219	29	590	0.00	0.04	56.2	28	6	0.00	12.4	13.9	12.8	2.95	*0.00
Cheese Sticks w/ Sauce Farm R	5 ea	300	513	24	1136	2.86	2.06	376.5	839	168	5.5	29.9	41.6	26.5	10.01	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	300	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Baked Beans Bilx	1/2 cup	900	141	0	523	5.55	1.65	49.5	190	28	0.7	6.5	31.9	0.6	0.11	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Burger Condiments	1 each	300	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Weighted Daily Average			974	61	2166	14.02	5.66	521.5	2029	294	17.64	40.91	152.96	26.98	8.02	*0.14
% of Calories												16.8%	62.8%	24.9%	7.4%	0.1%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			147%				163%	182%	181%		116%	419%				

Mon - 11/23/2009																
Biloxi Elementary	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

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Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values

Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 11/24/2009																
Biloxi Elementary	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

Wed - 11/25/2009																
Biloxi Elementary	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

Thu - 11/26/2009																
Biloxi Elementary	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

Fri - 11/27/2009																
Biloxi Elementary	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

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Chartwells School Dining Services

Nov 2, 2009 thru Nov 30, 2009 Spreadsheet - Portion Values
Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 11/30/2009																
Biloxi Elementary	Total	900														
Chicken Nuggets,Breaded;TYSON	5 pieces	300	217	39	471	1.52	1.59	25.7	102	20	0.00	14.0	10.9	13.0	2.93	*0.00
Sweet Mustard Dressing SAG	ounces	300	101	0	224	0.11	0.15	10.0	0	0	0.00	0.3	10.3	6.4	0.94	*0.00
ROLLS,WHEAT: scratch-2 oz	Each 2 oz.	300	210	1	297	2.64	1.57	43.4	57	17	0.0	5.2	29.4	8.5	0.61	*0.00
Hamburger on a WW SAG	1 each	300	233	19	599	2.25	3.04	101.9	58	12	0.00	18.1	24.9	7.1	2.26	*0.00
Taco Chef Salad\$ Tr SAG	1 salad	300	385	27	688	7.57	76.68	374.6	2095	287	12.5	16.6	42.9	16.8	5.96	*0.00
Mashed Potatoes	1/2 cup	900	89	0	342	1.23	0.24	30.1	208	46	2.2	2.0	11.6	4.2	1.00	*0.00
Corn canned SAG	3/8 cup	1	104	0	482	1.59	0.69	4.2	226	45	6.7	2.1	16.8	4.4	1.09	*0.00
LETTUCE &TOMATO:1 leaf,2 slice	1 lf,2 slc	900	5	0	2	0.36	0.09	3.4	230	17	3.3	0.3	1.1	0.1	0.01	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
MILK, Simple Avg	cartons	900	125	8	138	0.00	0.09	287.5	475	85	1.8	7.7	20.0	1.2	0.75	0.00
Gravy Brown SAG	2 oz	900	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Burger Condiments	1 each	300	14	0	169	0.06	0.11	4.6	0	0	0.00	0.3	2.4	0.2	0.01	*0.00
Weighted Daily Average			704	46	1315	8.30	28.64	516.6	1696	264	12.34	31.80	91.91	24.21	6.34	*0.00
% of Calories												18.1%	52.3%	31.0%	8.1%	0.0%
RDA's			664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied			106%				825%	181%	152%		81%	325%				
Shortfall											2.90			OVER		

Weighted Average			782	60	1961	*9.39	9.20	501.8	5528	679	25.74	35.17	115.72	21.50	6.51	*0.05
												18.0%	59.2%	24.7%	7.5%	0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	782		664	118%			
Cholesterol (mg)	60		0				
Sodium (mg)	1961		0				
Fiber (g)	9.39		0.00		Missing		
Iron (mg)	9.20		3.47	265%			
Calcium (mg)	501.8		286.00	175%			
Vitamin A (IU)	5528		1119	494%			
Vitamin A (RE)	679		224	304%			
Vitamin C (mg)	25.74		15.24	169%			
Protein (g)	35.17	17.98%	9.77	360%			
Carbohydrate (g)	115.72	59.17%	0.00				
Total Fat (g)	21.50	24.73%	<30.00				
Saturated Fat (g)	6.51	7.49%	<10.00				
Trans Fat (g)	0.05	0.06%					

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.

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