

# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Mon - 03/01/2010</b>																
Biloxi Elementary	Total	900														
SALISBURY STEAK SAG	SERVINGS	300	224	82	171	0.89	2.74	16.4	62	19	0.7	20.8	5.3	12.7	4.38	*0.00
Ham & Cheese Sand Hot WW SAG	1 sandwich	300	230	23	1177	1.00	1.80	228.1	296	59	0.00	15.0	27.5	6.5	2.97	*0.00
Tuna Salad Plate	1 plate	300	334	40	646	2.64	2.49	34.9	4474	310	17.9	21.6	35.2	12.1	1.75	*0.11
Rice, white ckd	1/2 cup	900	122	0	216	0.72	1.73	19.7	0	0	0.00	2.6	26.3	0.3	0.10	*0.00
Black Eyed Peas SAG 1/2 cu	1/2 cup	900	232	0	387	*0.00	2.98	65.1	36	7	1.1	12.8	37.1	4.3	0.62	*0.00
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1183	72	2058	*9.58	9.92	498.9	2439	271	29.11	50.89	197.99	23.12	6.38	*0.04
% of Calories												17.2%	66.9%	17.6%	4.8%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			151%				220%	125%	163%		174%	339%				

<b>Tue - 03/02/2010</b>																
Biloxi Elementary	Total	900														
Chicken Spaghetti Tr Bilx	3/4 cup	300	271	65	1319	1.22	1.97	109.4	286	51	6.9	26.2	27.8	6.2	1.92	*0.00
Barbecue Turkey on Bun Tr	sandwich	300	246	30	689	1.00	2.59	82.8	64	13	2.3	16.1	34.3	4.8	1.08	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
PEAS & CARROTS: frozen	1/2 cup	900	92	0	580	3.08	0.99	24.8	8818	902	10.2	3.1	11.0	4.9	1.29	*0.00
Baked Beans Bilx	1/2 cup	900	141	0	523	5.55	1.65	49.5	190	28	0.7	6.5	31.9	0.6	0.11	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	900	70	0	120	1.50	0.72	10.0	0	0	0.00	2.5	13.5	1.0	0.00	0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			785	53	2454	14.51	5.91	526.8	12443	1298	36.63	40.05	129.84	14.86	4.74	*0.00
% of Calories												20.4%	66.2%	17.0%	5.4%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			100%				131%	132%	830%		219%	267%				

<b>Wed - 03/03/2010</b>																
Biloxi Elementary	Total	900														
SHEPHERD'S PIE, Biloxi	1 PIECE	300	274	47	550	1.37	1.67	157.5	495	137	15.2	19.1	19.4	13.1	4.44	*0.00
Toasted Cheese Sand Bilx	Sandwiche	300	168	8	546	1.20	1.87	175.5	375	75	0.00	7.3	26.3	3.6	1.86	*0.00
Turkey & Cheese Chef Salad	1 salad	300	115	43	242	0.97	0.71	179.0	4046	311	11.7	18.0	4.6	2.7	1.25	*0.00
VEGETABLE BEEF SOUP SAG	1 CUP	900	93	16	626	2.39	1.50	30.9	2139	355	11.9	7.3	11.9	2.4	0.79	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
PEARS: canned,light syrup	1/2 cup	900	71	0	6	1.99	0.35	6.2	0	0	0.9	0.2	18.9	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			689	61	1586	8.02	3.96	517.8	4281	631	39.29	32.09	105.14	16.71	5.62	*0.00
% of Calories												18.6%	61.0%	21.8%	7.3%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			88%				88%	129%	285%		235%	214%				
Shortfall			94				0.54									

Thu - 03/04/2010																
Biloxi Elementary	Total	900														
Pepperoni Pizza (Trad) Bilx	1/8 pie	300	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Turkey Sandwich (numenus)SAG	1 sandwich	300	183	35	248	1.00	1.54	136.7	0	0	0.00	18.2	23.0	2.1	0.00	0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
Broccoli Florets	3/8 cup	900	7	0	7	0.54	0.15	9.8	130	32	18.6	0.6	1.4	0.1	0.01	*0.00
Ranch Dressing, Fat Free	1 each	900	10	0	190	0.00	0.00	0.0	0	0	0.00	0.00	2.0	0.00	0.00	0.00
Green beans, can Bilx	1/2 cup	900	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	900	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			641	42	1513	8.26	3.83	686.0	4701	600	63.39	32.41	101.17	12.52	4.76	*0.00
% of Calories												20.2%	63.1%	17.6%	6.7%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			82%				85%	172%	313%		380%	216%				
Shortfall			142				0.67									

Fri - 03/05/2010																
Biloxi Elementary	Total	900														
Macho nachos w/ Mexican meat & TUNA SALAD SandwichBilx	1 Serving sandwich	300	419	71	817	4.58	2.12	74.0	287	40	2.6	22.4	27.8	23.5	5.90	*2.49
Taco Chef Salad\$ Tr SAG	1 salad	300	385	27	693	7.68	76.95	382.2	5677	454	16.1	16.8	42.8	16.8	5.96	*0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	900	14	0	8	1.11	0.35	14.7	546	38	5.0	0.8	3.0	0.1	0.01	*0.00
Spanish Rice	1/2 CUP	900	174	0	211	1.25	1.47	15.6	603	123	8.1	2.4	25.2	7.4	2.00	*0.00
Pinto Beans Tr SAG	1/2 cup	900	259	0	394	13.23	3.07	67.6	243	49	1.2	13.2	38.5	6.3	1.62	*0.00
Mexican corn	1/2 cup	900	87	0	181	2.22	0.66	7.3	473	73	21.4	2.3	18.1	1.5	0.33	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1122	70	1732	23.14	33.13	590.2	4476	555	55.05	46.11	160.98	34.11	9.54	*0.83
% of Calories												16.4%	57.4%	27.4%	7.6%	0.7%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			143%				736%	148%	298%		330%	307%				

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Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Mon - 03/08/2010</b>																
Biloxi Elementary	Total	900														
Pepperoni Pizza (Trad) Bilx	1/8 pie	300	491	24	802	3.20	3.93	574.6	443	112	5.2	27.0	62.1	14.4	5.51	*0.00
Turkey Stacker	1 sandwich	300	209	33	559	1.32	1.63	207.9	245	39	0.5	18.5	25.3	4.0	1.24	*0.00
Turkey Chef Salad \$ Trad SAG	1 salad	300	216	43	509	1.67	1.94	184.1	4046	311	11.7	20.2	22.4	4.8	1.73	*0.11
Green beans, can Bilx	1/2 cup	900	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Apple Quick Crisp SAG	1/2 cup	900	203	4	136	1.97	0.74	7.5	34	3	0.2	1.9	32.9	7.6	1.58	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			871	49	1858	12.30	4.95	730.6	18758	2041	34.99	35.39	132.22	23.39	7.07	*0.04
% of Calories												16.3%	60.7%	24.2%	7.3%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			111%				110%	183%	1251%		210%	236%				

<b>Tue - 03/09/2010</b>																
Biloxi Elementary	Total	900														
Spaghetti w/Meat Sauce Bilx	3/4 CUP	300	293	33	230	2.12	114.11	43.7	358	71	9.0	15.1	28.6	13.2	5.77	*0.00
CHICKEN PARMESAN BC SAG	1 each	300	198	42	559	1.97	1.17	69.6	732	80	7.6	18.0	12.3	8.5	1.87	*0.00
PASTA SEASONED SAG	1/2 cup	300	64	12	92	0.52	0.63	5.2	9	3	0.00	2.0	11.4	1.2	0.20	*0.01
Tuna Salad Plate	1 plate	300	334	40	646	2.64	2.49	34.9	4474	310	17.9	21.6	35.2	12.1	1.75	*0.11
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Tossed salad w/ Italian	1/2 cup	900	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Bread Sticks, Honey Wheat 1oz	1 Each	900	70	0	120	1.50	0.72	10.0	0	0	0.00	2.5	13.5	1.0	0.00	0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			795	56	968	9.33	42.05	395.3	7750	656	48.88	33.51	127.86	19.06	4.97	*0.04
% of Calories												16.9%	64.3%	21.6%	5.6%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			102%				935%	99%	517%		293%	223%				
Shortfall							4.74									

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Wed - 03/10/2010</b>																
Biloxi Elementary	Total	900														
Chili with Beans SAG	4 oz	300	189	19	379	5.60	67.75	47.7	553	65	3.8	11.2	19.5	8.1	3.41	*0.00
Toasted Cheese Sand Bilx	Sandwiche	300	168	8	546	1.20	1.87	175.5	375	75	0.00	7.3	26.3	3.6	1.86	*0.00
Toasted Turkey Sandwich Bilx	sandwich	300	213	31	1032	4.23	2.89	46.1	26	0	4.1	17.8	28.9	3.6	0.75	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
Quick Baked Potatoes	1 HALF-P OTATO	900	83	0	431	2.42	0.89	13.6	99	11	21.1	2.2	18.7	0.1	0.03	*0.00
Baked Beans Bilx	1/2 cup	900	141	0	523	5.55	1.65	49.5	190	28	0.7	6.5	31.9	0.6	0.11	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	900	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			747	41	2220	13.42	27.65	529.4	3959	505	53.71	34.91	133.72	10.54	4.49	*0.00
% of Calories												18.7%	71.6%	12.7%	5.4%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			95%				614%	132%	264%		322%	233%				
Shortfall			36													

<b>Thu - 03/11/2010</b>																
Biloxi Elementary	Total	900														
Turkey Pot Pie Bilx	1 serv.	300	394	45	1349	4.09	1.42	60.9	1883	191	7.0	24.7	43.4	13.3	6.41	*0.00
Hamburger on a WW SAG	1 each	300	233	19	599	2.25	3.04	101.9	58	12	0.00	18.1	24.9	7.1	2.26	*0.00
Fruit & Cheese Plate (winter)	1 plate	300	228	16	568	3.39	1.33	244.2	1363	207	30.7	9.7	38.2	5.4	3.38	*0.05
Potato Wedges Tr SAG	1/2 cup	900	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
Broccoli w/Cheese NM	3/8 cup	900	89	4	592	2.04	0.42	83.3	850	161	27.3	3.6	8.2	5.5	1.74	*0.00
Baked Apples - 1/2 cu SAG	1/2 cup	900	109	0	14	2.46	0.30	15.8	95	14	0.2	0.3	25.5	1.5	0.36	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			785	42	1649	10.08	3.46	547.4	2546	412	62.05	31.94	127.01	19.09	7.56	*0.02
% of Calories												16.3%	64.7%	21.9%	8.7%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			100%				77%	137%	170%		372%	213%				
Shortfall							1.04									

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Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Fri - 03/12/2010</b>																
Biloxi Elementary	Total	900														
Cheesy Chicken over Rice(Trad)	serving	300	300	66	661	0.53	1.83	139.7	359	66	2.2	23.1	28.1	10.0	4.48	*0.00
Fish Nuggets	4 oz	300	200	28	360	0.00	0.36	0.0	0	0	0.00	16.0	16.0	9.0	2.00	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	300	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Green Peas Bilx	1/2 cup	900	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
Macaroni & Cheese 1/2 cup SAG	1/2 cup	900	175	8	414	1.99	0.87	127.3	241	48	0.0	6.6	23.6	6.8	2.45	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Blueberry Crumble SAG	1/2 cup	900	241	8	269	1.10	1.05	3.4	19	3	1.0	3.5	37.6	8.3	2.15	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1145	95	2326	13.16	6.78	530.4	3731	343	30.03	46.09	166.35	33.89	10.33	*0.14
% of Calories												16.1%	58.1%	26.6%	8.1%	0.1%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			146%				151%	133%	249%		180%	307%				

<b>Mon - 03/15/2010</b>																
Biloxi Elementary	Total	900														
Cheese Pizza Bilx	1/8 pie	300	472	19	754	3.33	4.03	574.6	508	125	6.8	26.1	62.6	12.3	4.66	*0.00
Ham & Cheese Sandwich Bx(cold)	1 sandwich	300	209	22	1175	1.00	1.93	154.1	148	30	0.00	13.7	26.5	4.8	1.91	*0.00
Turkey Chef Salad Trad Bilx	1 salad	300	217	43	509	1.66	1.79	180.9	2333	279	12.4	20.2	22.8	4.8	1.73	*0.11
Potato Wedges Tr SAG	1/2 cup	900	98	0	40	1.67	0.56	12.5	0	0	9.0	2.2	20.2	1.8	0.44	*0.00
Green beans, can Bilx	1/2 cup	900	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			718	40	1375	11.40	4.62	686.2	3239	423	46.31	34.02	119.52	12.96	4.78	*0.04
% of Calories												19.0%	66.6%	16.2%	6.0%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			92%				103%	172%	216%		277%	227%				
Shortfall			65													

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Tue - 03/16/2010</b>																
Biloxi Elementary	Total	900														
SALISBURY STEAK SAG	SERVINGS	300	224	82	171	0.89	2.74	16.4	62	19	0.7	20.8	5.3	12.7	4.38	*0.00
SLOPPY JOE ON A BUN BC SAG	SERVINGS	300	322	58	460	1.83	3.31	99.5	542	95	12.0	21.3	32.6	11.8	4.03	*0.00
Chicken Strip Salad\$Tr SAG	1 salad	300	291	71	747	2.44	1.65	53.4	2348	268	13.5	13.1	22.4	16.8	3.62	*0.43
Mixed Vegetables 1/2 cup	1/2 cup	900	111	0	653	2.19	0.40	22.2	1610	322	3.9	2.2	13.0	5.3	1.46	*0.00
Black Eyed Peas SAG 1/2 cu	1/2 cup	900	232	0	387	*0.00	2.98	65.1	36	7	1.1	12.8	37.1	4.3	0.62	*0.00
Mashed Potatoes	1/2 cup	900	89	0	342	1.23	0.24	30.1	208	46	2.2	2.0	11.6	4.2	1.00	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1189	95	2521	*10.51	8.70	491.4	3371	610	32.52	49.21	176.55	33.28	9.13	*0.14
% of Calories												16.6%	59.4%	25.2%	6.9%	0.1%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			152%				193%	123%	225%		195%	328%				

<b>Wed - 03/17/2010</b>																
Biloxi Elementary	Total	900														
Tater Tot Ham & Cheese Bake	servings	300	308	73	985	2.38	1.23	254.0	333	82	6.5	15.1	30.0	14.5	5.05	*0.00
Toasted Turkey Sandwich Bilx	sandwich	300	213	31	1032	4.23	2.89	46.1	26	0	4.1	17.8	28.9	3.6	0.75	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
Green Peas Bilx	1/2 cup	900	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	900	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			861	69	2755	15.45	6.18	550.4	21115	2200	45.69	35.83	136.95	20.08	6.71	*0.00
% of Calories												16.6%	63.6%	21.0%	7.0%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			110%				137%	138%	1408%		274%	239%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi Elementary

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Thu - 03/18/2010</b>																
Biloxi Elementary	Total	900														
Spaghetti w/Meat Sauce Bilx	3/4 CUP	300	293	33	230	2.12	114.11	43.7	358	71	9.0	15.1	28.6	13.2	5.77	*0.00
Hamburger on a Bun Bilx	1 EACH	300	320	0	637	1.00	3.92	60.0	62	12	0.00	21.2	27.4	15.3	6.67	*0.00
TACO SALAD/tortilla chips	SERVING	300	336	58	487	2.16	10.17	324.5	4386	352	13.2	19.6	23.9	17.3	5.91	*0.00
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Tossed salad w/ Italian	1/2 cup	900	40	2	27	1.23	0.83	25.7	5119	373	17.0	1.1	5.0	2.1	0.16	*0.00
Garlic Toast Sticks SAG	2 each	900	52	0	90	0.57	0.74	20.5	0	0	0.1	2.1	10.0	0.8	0.00	*0.00
Candied Apples SAG	1/2 cup	900	124	0	44	2.65	0.37	10.6	46	4	0.3	1.0	31.3	0.4	0.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			824	44	888	8.85	45.26	502.8	7526	649	43.05	33.67	127.74	22.63	7.92	*0.00
% of Calories											16.3%	62.0%	24.7%	8.6%	0.0%	
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			105%				1006%	126%	502%		258%	224%				

<b>Fri - 03/19/2010</b>																
Biloxi Elementary	Total	900														
Macaroni & Cheese 1/2 cup SAG	1 cup	300	350	15	827	3.98	1.75	254.5	483	97	0.0	13.2	47.2	13.7	4.90	*0.00
Chicken Filet Sandwich Bilx	sandwich	300	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Tuna Salad Plate	1 plate	300	334	40	646	2.64	2.49	34.9	4474	310	17.9	21.6	35.2	12.1	1.75	*0.11
Green Beans seasoned 1/2c SAG	1/2 cup	900	30	0	280	1.52	0.72	22.4	368	74	3.4	1.0	5.0	1.0	0.26	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Apple Quick Crisp SAG	1/2 cup	900	203	4	136	1.97	0.74	7.5	34	3	0.2	1.9	32.9	7.6	1.58	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1051	70	2407	13.21	6.24	504.0	18164	1995	26.26	34.41	160.60	32.37	8.62	*0.04
% of Calories											13.1%	61.1%	27.7%	7.4%	0.0%	
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			134%				139%	126%	1211%		157%	229%				

<b>Mon - 03/22/2010</b>																
Biloxi Elementary	Total	900														
Barbecue Turkey on Bun Tr	sandwich	300	246	30	689	1.00	2.59	82.8	64	13	2.3	16.1	34.3	4.8	1.08	*0.00
CORN DOG BILX	1 each	300	320	30	1140	2.00	1.44	0.0	0	0	0.00	9.0	33.0	17.0	6.00	*0.00
Taco Chef Salad\$ Tr SAG	1 salad	300	385	27	693	7.68	76.95	382.2	5677	454	16.1	16.8	42.8	16.8	5.96	*0.00
Corn Bilx	1/2 cup	900	89	0	111	1.98	0.35	3.4	260	27	5.3	2.5	17.2	2.4	0.58	*0.00
Baked Beans Bilx	1/2 cup	900	141	0	523	5.55	1.65	49.5	190	28	0.7	6.5	31.9	0.6	0.11	*0.00
Breadstick Ital. 8" 219630	1 each	900	125	0	157	1.00	1.44	20.0	0	0	0.6	3.0	24.0	1.0	0.00	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average			926	41	1802	15.27	30.99	535.9	3535	378	29.87	35.19	160.52	18.56	6.04	*0.00
% of Calories												15.2%	69.3%	18.0%	5.9%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			118%				689%	134%	236%		179%	235%				

Tue - 03/23/2010																
Biloxi Elementary	Total	900														
Hamburger Pepper Steak BILX	1 Each	300	224	62	254	1.22	2.93	16.7	46	10	7.5	23.8	1.9	13.1	5.13	*0.00
Chili with Beans SAG	4 oz	300	189	19	379	5.60	67.75	47.7	553	65	3.8	11.2	19.5	8.1	3.41	*0.00
Toasted Cheese Sand Bilx	Sandwiche	300	168	8	546	1.20	1.87	175.5	375	75	0.00	7.3	26.3	3.6	1.86	*0.00
Turkey Chef Salad Trad Bilx	1 salad	300	217	43	509	1.66	1.79	180.9	2333	279	12.4	20.2	22.8	4.8	1.73	*0.11
Rice, white ckd	1/2 cup	900	122	0	216	0.72	1.73	19.7	0	0	0.00	2.6	26.3	0.3	0.10	*0.00
Gravy Brown SAG	2 oz	900	26	9	10	0.00	0.16	2.7	12	4	0.00	3.4	0.00	1.3	0.34	*0.00
Green beans, can Bilx	1/2 cup	900	66	0	353	4.55	0.92	62.5	1072	111	13.8	2.7	11.2	2.2	0.57	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
PEAR QUICK CRISP SAG	1/2 cup	900	212	4	159	1.44	0.74	4.6	0	0	0.6	1.8	30.6	9.5	1.85	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			1073	81	1943	13.78	30.41	542.2	2704	363	36.69	45.01	160.97	28.61	8.91	*0.04
% of Calories												16.8%	60.0%	24.0%	7.5%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			137%				676%	136%	180%		220%	300%				

Wed - 03/24/2010																
Biloxi Elementary	Total	900														
Italian Chicken Tenders	3 ounces	300	219	29	590	0.00	0.04	56.2	28	6	0.00	12.4	13.9	12.8	2.95	*0.00
Toasted Turkey Sandwich Bilx	sandwich	300	213	31	1032	4.23	2.89	46.1	26	0	4.1	17.8	28.9	3.6	0.75	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
Green Peas Bilx	1/2 cup	900	84	0	411	5.24	1.50	22.9	2051	74	9.4	4.9	13.6	1.4	0.35	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
GELATIN,PREPARED W/FRUIT	1/2 cup	900	75	0	56	0.65	0.22	6.2	704	141	10.7	1.1	18.5	0.1	0.01	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			832	54	2624	14.65	5.78	484.5	21013	2174	43.53	34.94	131.58	19.51	6.01	*0.00
% of Calories												16.8%	63.3%	21.1%	6.5%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			106%				129%	121%	1401%		261%	233%				

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# Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

Biloxi Elementary

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	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Thu - 03/25/2010</b>																
Biloxi Elementary	Total	900														
Macaroni & Cheese w/Ham BILX	1/2 cup	300	133	17	748	0.99	0.75	90.1	160	32	0.0	8.4	13.6	4.8	1.99	*0.00
Chicken Filet Sandwich Bilx	sandwich	300	353	71	830	1.85	2.23	80.4	54	11	0.4	17.1	36.2	16.8	4.40	*0.00
Fruit & Cheese Plate (winter)	1 plate	300	228	16	568	3.39	1.33	244.2	1363	207	30.7	9.7	38.2	5.4	3.38	*0.05
Black Eyed Peas SAG 1/2 cu	1/2 cup	900	232	0	387	*0.00	2.98	65.1	36	7	1.1	12.8	37.1	4.3	0.62	*0.00
CARROTS: Seasoned	1/2 cup	900	93	0	581	3.06	0.54	38.4	15575	1673	2.1	0.5	13.8	4.2	1.08	*0.00
Rolls, Bilx	1 each	900	177	12	478	3.17	1.83	12.5	18	6	1.4	5.3	31.7	3.7	1.01	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			995	58	2331	*11.49	7.34	562.2	17325	1937	32.11	39.54	162.72	22.96	6.97	*0.02
% of Calories												15.9%	65.4%	20.8%	6.3%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			127%				163%	141%	1155%		192%	264%				

<b>Fri - 03/26/2010</b>																
Biloxi Elementary	Total	900														
Chicken Fajitas BILX	1 each	300	397	89	1136	2.17	2.78	90.3	0	0	0.00	31.0	35.9	14.2	3.84	*0.00
TUNA SALAD SandwichBilx	sandwiche	300	352	77	812	1.77	2.95	98.6	369	24	0.2	17.9	45.0	11.1	1.86	*0.00
Ham Chef Salad\$ NM SAG	1 salad	300	165	30	1178	1.36	1.41	211.2	6442	536	16.7	13.9	6.1	9.1	4.00	*0.00
Quick Baked Potatoes	1 HALF-P OTATO	900	83	0	431	2.42	0.89	13.6	99	11	21.1	2.2	18.7	0.1	0.03	*0.00
Mexican corn	1/2 cup	900	87	0	181	2.22	0.66	7.3	473	73	21.4	2.3	18.1	1.5	0.33	*0.00
Spanish Rice	1/2 CUP	900	174	0	211	1.25	1.47	15.6	603	123	8.1	2.4	25.2	7.4	2.00	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			948	77	2065	9.85	6.09	474.9	3959	495	71.47	36.36	154.08	22.33	6.64	*0.00
% of Calories												15.3%	65.0%	21.2%	6.3%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			121%				135%	119%	264%		428%	242%				

<b>Mon - 03/29/2010</b>																
Biloxi Elementary	Total	1														
Spring Break	1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			783				4.50	400.00	1500		16.70	15.00		OVER	OVER	

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## Chartwells School Dining Services

### Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

#### Biloxi Elementary

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Tue - 03/30/2010</b>																
Biloxi Elementary Spring Break	Total 1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.0%	0.0%	0.0%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			783				4.50	400.00	1500		16.70	15.00		OVER	OVER	

<b>Wed - 03/31/2010</b>																
Biloxi Elementary Spring Break	Total 1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.0%	0.0%	0.0%	0.0%
RDA's			783	0	0	0.00	4.50	400.00	1500		16.70	15.00	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			783				4.50	400.00	1500		16.70	15.00		OVER	OVER	

Weighted Average			909	60	1954	*12.31	14.66	544.4	8352	927	43.03	38.08	143.68	22.03	6.86	*0.07
												16.8%	63.2%	21.8%	6.8%	0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	909		783	116%			
Cholesterol (mg)	60		0				
Sodium (mg)	1954		0				
Fiber (g)	12.31		0.00		Missing		
Iron (mg)	14.66		4.50	326%			
Calcium (mg)	544.4		400.00	136%			
Vitamin A (IU)	8352		1500	557%			
Vitamin A (RE)	927		300	309%			
Vitamin C (mg)	43.03		16.70	258%			
Protein (g)	38.08	16.75%	15.00	254%			
Carbohydrate (g)	143.68	63.22%	0.00				
Total Fat (g)	22.03	21.81%	<30.00				
Saturated Fat (g)	6.86	6.79%	<10.00				
Trans Fat (g)	0.07	0.07%					

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

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