

Chartwells School Dining Services

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values

Feb 22, 2010

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 03/01/2010																
Biloxi Breakfast Elem	Total	901														
Sausage Biscuit	biscuit	450	310	24	977	2.00	0.00	16.0	56	11	0.00	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	1	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			488	24	883	4.30	4.29	341.6	777	195	18.09	18.17	74.77	12.43	5.75	*0.00
% of Calories											14.9%	61.3%	22.9%	10.6%	0.0%	
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			98%				163%	159%	93%		158%	247%				
Shortfall			11						63						OVER	

Tue - 03/02/2010																
Biloxi Breakfast Elem	Total	900														
Toasted Cheese Sand Bilx	Sandwiche	450	168	8	546	1.20	1.87	175.5	375	75	0.00	7.3	26.3	3.6	1.86	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			553	15	1012	5.69	5.69	431.7	940	228	22.62	18.32	95.89	10.94	3.59	*0.00
% of Calories											13.2%	69.3%	17.8%	5.8%	0.0%	
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			111%				216%	201%	112%		198%	249%				

Wed - 03/03/2010																
Biloxi Breakfast Elem	Total	900														
Eggs, scrambled commodity	2 oz	450	77	221	73	0.00	0.95	27.6	254	100	0.00	6.6	0.4	5.2	1.61	*0.00
Toast- buttered	serv	450	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	900	98	0	55	1.06	0.61	21.9	164	33	0.2	1.23	14.6	4.1	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			508	122	560	5.51	5.76	385.9	1040	272	18.27	19.73	84.05	10.11	3.34	*0.00
% of Calories											15.5%	66.2%	17.9%	5.9%	0.0%	
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			102%				219%	180%	124%		160%	269%				

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/04/2010																
Biloxi Breakfast Elem	Total	900														
Pancake Pup	1 ea	450	230	35	480	0.00	1.08	40.0	0	0	0.00	6.0	23.0	12.0	0.00	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	900	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			511	29	1265	3.36	4.96	354.9	992	238	18.11	16.48	77.53	14.32	2.82	*0.00
% of Calories												12.9%	60.7%	25.2%	5.0%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			103%				189%	166%	118%		158%	224%				

Fri - 03/05/2010																
Biloxi Breakfast Elem	Total	900														
FRENCH TOAST STICKS(4)	1 SERVIN	450	503	194	1168	2.60	5.22	252.5	441	127	0.7	17.5	75.8	14.4	3.62	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	900	98	0	55	1.06	0.61	21.9	164	33	0.2	1.23	14.6	4.1	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			683	108	1034	5.66	7.52	482.1	1133	286	18.62	23.15	115.33	14.21	4.23	*0.00
% of Calories												13.6%	67.6%	18.7%	5.6%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			137%				286%	225%	135%		163%	315%				

Mon - 03/08/2010																
Biloxi Breakfast Elem	Total	900														
Ham & Cheese Biscuit	1 each	450	252	13	1244	2.00	0.24	74.1	148	30	0.00	10.3	25.5	11.6	6.57	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Sausage	patty	900	120	15	120	0.00	0.18	0.0	0	0	0.6	2.5	2.5	11.0	3.50	0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			579	33	1137	4.30	4.60	371.0	823	204	18.71	20.86	78.09	19.76	8.15	*0.00
% of Calories												14.4%	54.0%	30.7%	12.7%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			116%				175%	173%	98%		164%	284%				
Shortfall									16					OVER	OVER	

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 03/09/2010																
Biloxi Breakfast Elem	Total	900														
Cheese Toast 1sl cheese SAG	slices	450	105	5	333	2.00	0.72	94.1	148	30	0.00	6.0	12.5	3.0	1.23	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Banana, Petite	1 each	900	90	0	1	2.63	0.26	5.1	65	8	8.8	1.1	23.1	0.3	0.11	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			611	14	906	8.72	5.38	396.1	891	214	31.41	18.74	112.04	10.94	3.39	*0.00
% of Calories												12.3%	73.3%	16.1%	5.0%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			123%				205%	185%	106%		275%	255%				

Wed - 03/10/2010																
Biloxi Breakfast Elem	Total	900														
Pancake Pup	1 ea	450	230	35	480	0.00	1.08	40.0	0	0	0.00	6.0	23.0	12.0	0.00	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	900	98	0	55	1.06	0.61	21.9	164	33	0.2	1.23	14.6	4.1	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			546	29	690	4.36	5.45	375.8	913	222	18.27	17.42	88.95	13.01	2.42	*0.00
% of Calories												12.8%	65.1%	21.4%	4.0%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			110%				207%	175%	109%		160%	237%				

Thu - 03/11/2010																
Biloxi Breakfast Elem	Total	900														
SCRAMBLED EGGS	SERVING	450	99	215	146	0.00	0.93	39.2	267	103	0.00	6.7	0.9	7.3	1.74	*0.00
Toast- buttered	serv	450	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	900	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			484	119	1171	4.51	5.26	370.8	1126	290	18.11	18.87	72.87	12.49	3.80	*0.00
% of Calories												15.6%	60.3%	23.2%	7.1%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			97%				200%	173%	134%		158%	257%				
Shortfall			15													

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 03/12/2010																
Biloxi Breakfast Elem	Total	900														
Sausage Biscuit	biscuit	450	310	24	977	2.00	0.00	16.0	56	11	0.00	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Applesauce, Bilx	1/2 cup	900	97	0	36	1.53	0.45	5.1	14	1	2.2	0.2	25.4	0.2	0.04	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			585	24	919	5.83	4.74	347.1	791	196	20.27	18.42	100.25	12.67	5.80	*0.00
% of Calories												12.6%	68.5%	19.5%	8.9%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			117%				180%	162%	94%		177%	251%				
Shortfall									48							

Mon - 03/15/2010																
Biloxi Breakfast Elem	Total	900														
FRENCH TOAST STICKS(4)	1 SERVIN	450	503	194	1168	2.60	5.22	252.5	441	127	0.7	17.5	75.8	14.4	3.62	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Oatmeal /Brown Sugar & Cinnamo	1/2 CUP	900	98	0	55	1.06	0.61	21.9	164	33	0.2	1.23	14.6	4.1	1.06	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
SYRUP,PANCAKE	1 TBSP	450	46	0	16	0.00	0.01	0.6	0	0	0.00	0.00	12.1	0.00	0.00	*0.00
Weighted Daily Average			705	108	1042	5.66	7.52	482.4	1133	286	18.62	23.15	121.37	14.21	4.23	*0.00
% of Calories												13.1%	68.8%	18.1%	5.4%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			142%				286%	225%	135%		163%	315%				

Tue - 03/16/2010																
Biloxi Breakfast Elem	Total	900														
Breakfast Pizza	serv.	450	227	14	626	1.09	1.74	139.2	280	56	0.4	9.4	22.4	11.1	3.36	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	900	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			509	18	1338	3.91	5.30	404.5	1132	266	18.31	18.17	77.25	13.88	4.50	*0.00
% of Calories												14.3%	60.7%	24.5%	8.0%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			102%				201%	189%	135%		160%	247%				

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 03/17/2010																
Biloxi Breakfast Elem	Total	900														
Cheese Toast 1sl cheese SAG	slices	450	105	5	333	2.00	0.72	94.1	148	30	0.00	6.0	12.5	3.0	1.23	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			573	14	910	8.61	5.42	399.0	1498	273	26.74	18.51	102.04	10.65	3.28	*0.00
% of Calories												12.9%	71.2%	16.7%	5.2%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			115%				206%	186%	178%		234%	252%				

Thu - 03/18/2010																
Biloxi Breakfast Elem	Total	900														
Chicken Biscuit	1 ea	450	306	33	842	2.00	0.98	9.0	62	12	0.00	11.1	28.7	16.1	8.44	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	900	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			549	28	1446	4.36	4.92	339.4	1023	244	18.11	19.02	80.39	16.36	7.04	*0.00
% of Calories												13.9%	58.6%	26.8%	11.5%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			110%				187%	158%	122%		158%	259%				
Shortfall																OVER

Fri - 03/19/2010																
Biloxi Breakfast Elem	Total	900														
Pancake Pup	1 ea	450	230	35	480	0.00	1.08	40.0	0	0	0.00	6.0	23.0	12.0	0.00	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Baked Apples - 1/2 cu SAG	1/2 cup	900	109	0	14	2.46	0.30	15.8	95	14	0.2	0.3	25.5	1.5	0.36	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			557	29	649	5.76	5.14	369.8	844	204	18.33	16.51	99.81	10.46	1.72	*0.00
% of Calories												11.9%	71.7%	16.9%	2.8%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			112%				196%	173%	101%		160%	225%				

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 03/22/2010																
Biloxi Breakfast Elem	Total	900														
FRENCH TOAST STICKS(4)	1 SERVING	450	503	194	1168	2.60	5.22	252.5	441	127	0.7	17.5	75.8	14.4	3.62	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Peaches, CND, Lt syrup Bilx	1/2 cup	900	51	0	5	2.51	0.31	8.0	671	67	4.1	0.9	13.1	0.0	0.00	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
SYRUP,PANCAKE	1 TBSP	450	46	0	16	0.00	0.01	0.6	0	0	0.00	0.00	12.1	0.00	0.00	*0.00
Weighted Daily Average			659	108	992	7.11	7.22	468.5	1641	321	22.57	22.79	119.82	10.18	3.17	*0.00
% of Calories												13.8%	72.8%	13.9%	4.3%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			132%				275%	219%	195%		198%	310%				

Tue - 03/23/2010																
Biloxi Breakfast Elem	Total	900														
Sausage Biscuit	biscuit	450	310	24	977	2.00	0.00	16.0	56	11	0.00	10.0	24.0	19.0	8.80	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	1	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			488	24	884	4.30	4.30	342.0	777	195	18.11	18.19	74.85	12.44	5.76	*0.00
% of Calories												14.9%	61.3%	22.9%	10.6%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			98%				163%	160%	93%		158%	248%				
Shortfall			10						62							OVER

Wed - 03/24/2010																
Biloxi Breakfast Elem	Total	900														
Chicken Biscuit	1 ea	450	306	33	842	2.00	0.98	9.0	62	12	0.00	11.1	28.7	16.1	8.44	0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	450	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Banana, Petite	1 each	900	90	0	1	2.63	0.26	5.1	65	8	8.8	1.1	23.1	0.3	0.11	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			674	28	1088	7.57	5.14	337.3	848	205	31.41	19.27	113.76	16.98	6.88	*0.00
% of Calories												11.4%	67.5%	22.7%	9.2%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			135%				196%	157%	101%		275%	262%				

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 03/25/2010																
Biloxi Breakfast Elem	Total	900														
Ham & Cheese Biscuit	1 each	450	252	13	1244	2.00	0.24	74.1	148	30	0.00	10.3	25.5	11.6	6.57	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
GRITS, PLAIN	1/2 CUP	900	63	0	630	0.06	0.13	1.0	243	49	0.00	0.3	3.2	5.4	1.46	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			522	18	1647	4.36	4.55	371.9	1066	253	18.11	18.65	78.78	14.15	6.11	*0.00
% of Calories												14.3%	60.4%	24.4%	10.5%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			105%				173%	174%	127%		158%	254%				
Shortfall																OVER
Fri - 03/26/2010																
Biloxi Breakfast Elem	Total	900														
Cheese Toast 1sl cheese SAG	slices	450	105	5	333	2.00	0.72	94.1	148	30	0.00	6.0	12.5	3.0	1.23	*0.00
Cereal-Cld, Ast, Kellogg's SAG	bowl	450	107	0	169	0.67	6.63	2.9	496	179	10.2	1.6	24.8	0.5	0.26	*0.00
Toast- buttered	serv	900	77	0	146	2.30	0.74	32.5	1	0	0.00	4.1	12.79	1.0	0.23	*0.00
Tater Tots Bilx	1/2 cup	900	136	0	344	1.79	0.46	10.0	4	1	4.5	1.5	19.9	6.2	1.30	*0.00
Banana, Petite	1 each	1	90	0	1	2.63	0.26	5.1	65	8	8.8	1.1	23.1	0.3	0.11	*0.00
Fruit Juice, Assorted Bilx	4 fl.oz.	900	67	0	10	0.00	0.00	0.0	0	0	10.2	0.3	15.3	0.00	0.00	*0.00
Milk, Bilx	1/2 pint	900	137	12	155	0.67	0.24	300.0	500	100	2.8	8.0	22.3	1.7	1.00	*0.00
Weighted Daily Average			522	14	905	6.09	5.12	391.0	827	206	22.63	17.64	89.00	10.60	3.28	*0.00
% of Calories												13.5%	68.3%	18.3%	5.7%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			105%				195%	182%	99%		198%	240%				
Shortfall									12							
Mon - 03/29/2010																
Biloxi Breakfast Elem	Total	1														
Spring Break	1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

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Chartwells School Dining Services

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Biloxi Breakfast Elem

	Portion Size	Plan Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 03/30/2010																
Biloxi Breakfast Elem Spring Break	Total 1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Wed - 03/31/2010																
Biloxi Breakfast Elem Spring Break	Total 1	1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
RDA's			498	0	0	0.00	2.63	214.29	839		11.43	7.34	0.00	30.00	10.00	
% of RDA Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Weighted Average			565	45	1024	5.50	5.41	388.1	1011	240	20.77	19.10	92.84	13.04	4.46	*0.00
												13.5%	65.7%	20.8%	7.1%	0.0%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	565		498	113%			
Cholesterol (mg)	45		0				
Sodium (mg)	1024		0				
Fiber (g)	5.50		0.00				
Iron (mg)	5.41		2.63	206%			
Calcium (mg)	388.1		214.29	181%			
Vitamin A (IU)	1011		839	120%			
Vitamin A (RE)	240		168	143%			
Vitamin C (mg)	20.77		11.43	182%			
Protein (g)	19.10	13.52%	7.34	260%			
Carbohydrate (g)	92.84	65.70%	0.00				
Total Fat (g)	13.04	20.76%	<30.00				
Saturated Fat (g)	4.46	7.11%	<10.00				
Trans Fat (g)	0.00	0.00%					

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.