

MENU

BILOXI SECONDARY SCHOOL LUNCH MENU OCTOBER 2009



OCTOBER 1 - 2

- THU **BBQ Pork Riblets**, oven fries, tossed salad, barbeque beans, whole grain biscuit, peaches 🍷
- FRI 🌱 ***Chicken Nuggets w/Hot Buffalo Sauce**, *baked potato wedges, *celery sticks, seasoned corn, *honey wheat bread sticks, *fruited jell-o 🍷

OCTOBER 5 - 9

- MON **Hamburger Steak w/Gravy**, peppers & onions, white rice, green peas, cole slaw, whole wheat roll, cantaloupe 🍷
- TUE **Sliced Roast Turkey**, mashed potatoes/gravy, green peas, rosy applesauce
- WED **Chicken & Sausage Gumbo**, white rice, green beans, potato salad, chilled peaches
- THU 🌱 ***Spaghetti w/Meat Sauce**, *tossed salad, glazed carrots, *garlic bread, *pineapple cup
- FRI NO SCHOOL

OCTOBER 12 - 16

- MON NO SCHOOL
- TUE **Turkey Pot Pie**, glazed sweet potatoes, green peas, tossed salad, whole wheat roll, fruited jell-o 🍷
- WED **Chicken Tenders**, baked tater tots, black eyed peas, whole wheat roll, cantaloupe 🍷
- THU 🌱 ***Chicken Fajitas**, mexican corn, tossed salad, tortilla chips w/salsa, chilled pears
- FRI **Baked Chili Cheese Fries**, baby carrots/cucumber, cornbread, chilled peaches

OCTOBER 19 - 23

- MON 🌱 ***Chicken Nuggets w/Sweet Mustard Dressing**, *mashed potatoes, *cole slaw, seasoned corn, whole wheat roll, orange smiles 🍷
- TUE 🌱 ***Shepherd's Pie**, mixed vegetables, *tossed salad, *whole wheat roll *orange smiles 🍷
- WED **Macho Nachos**, lettuce & tomato, spanish rice, pinto beans, chilled peaches
- THU **Country Style Steak**, mashed potatoes, black eyed peas, whole wheat roll, fruited jell-o 🍷
- FRI **Cajun Baked Chicken**, dirty rice, steamed cabbage, glazed carrots, whole grain biscuit, rosy applesauce 🍷

OCTOBER 26 - 30

- MON 🌱 ***Spaghetti w/Meatballs**, *honey wheat bread sticks, *tossed salad, *frozen juice bar, *fresh assorted fruit 🍷
- TUE 🌱 ***Chicken Caesar Salad**, *baked potato, *whole wheat roll, *fruited jell-o 🍷
- WED **Beef Taco**, pinto beans, spanish rice, glazed carrots, tortilla chips & salsa, blueberry crisp
- THU **Oven Fried Chicken**, white rice w/gravy, black eyed peas, tomato & cucumber salad, whole wheat roll, chilled peaches 🍷
- FRI **Sliced Roast Turkey**, mashed potatoes/gravy, green beans, whole wheat roll, peach crisp



Our menus recognize the positive impact whole grains can make on the health of children. We strive to make half our grains whole.



Balanced Choices meals are available weekly. Look for this icon or an () asterisk to identify meal components. All Balanced Choices Meals are served with specific side items and 1% or less milk. Refer to weekly menu signage posted at your school.*



All selections prepared on Whole Wheat Crust 🍷

FEATURED DAILY

Fresh Baked Cheese & Pepperoni Pizza

ROTATING DAILY SPECIALS

Monday - Supreme Pizza
Tuesday - Sausage Pizza
Wednesday - Double Stuffed Cheese Pizza
Thursday - Cheese Maxx Sticks w/Marinara
Friday - Meatlover's Pizza

Includes Pizza or Specialty Dish with Vegetable Sides, Fresh Fruit and choice of Milk



All selections prepared on Whole Wheat Bun or Whole Grain Bread 🍷

FEATURED DAILY

Cheeseburger & Chicken Filet Sandwich

Mondays - BBQ Pork Riblet Sandwich
Tuesdays - Chicken Club Sandwich
Wednesdays - Hot Dog w/Chili
Thursdays - Toasted Ham & Cheese
Fridays - BBQ Chicken Sandwich



FEATURED DAILY

Turkey Chef Salad

Mondays - Chicken Strip Salad
Tuesdays - Chicken Fajita Salad
Wednesdays - Oriental Chicken Salad
Thursdays - Taco Chef Salad
Fridays - Tuna Salad Plate w/Crackers



MENU

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