

BILOXI HIGH SCHOOL LUNCH MENU FEBRUARY 2010




Meal Includes: Entree, sides, fresh fruit and choice of low fat milk





FEATURED DAILY

Fresh Baked Cheese Pizza


All selections, except Calzones, prepared on Whole Wheat Crust 

ROTATING DAILY SPECIALS



FEBRUARY 1 - 5

- MON **Shepherd's Pie**, mixed vegetables, glazed carrots, wg roll, strawberries, assorted fruit juice 
- TUE **Macaroni & Cheese w/Ham**, peas & carrots, steamed broccoli, wg roll, chilled peaches, assorted fruit juice 
- WED **BBQ Chicken**, black eyed peas, steamed cabbage, cornbread, fruited jell-o, assorted fruit juice
- THU **Chicken & Sausage Gumbo**, potato salad, seasoned corn, applesauce, assorted fruit juice
- FRI **Tater Tot & Cheese Bake**, green beans, glazed carrots, wg roll, baked apples, assorted fruit juice



FEBRUARY 8 - 12

- MON **Salisbury Steak**, mashed potatoes w/gravy, peas & carrots, wg roll, apple crisp, assorted fruit juice 
- TUE **Red Beans & Rice**, steamed cabbage, green beans, cornbread, chilled peaches, assorted fruit juice
- WED **Chicken Fajitas**, spanish rice, mexican corn, fruited jell-o, assorted fruit juice
- THU **Chicken & Sausage Gumbo**, potato salad, seasoned corn, applesauce, assorted fruit juice
- FRI **Turkey Pot Pie**, mixed vegetables, steamed broccoli, blueberry crisp, assorted fruit juice

FEBRUARY 15 - 19

- MON **NO SCHOOL**
- TUE **NO SCHOOL**
- WED **NO SCHOOL**
- THU **Tater Tot & Cheese Bake**, green beans, black eyed peas, wgh roll, fruited jell-o, assorted fruit juice 
- FRI **Spaghetti w/Meat Sauce**, seasoned corn, tossed salad, honey wheat bread sticks, baked apples, assorted fruit juice 

FEBRUARY 22 - 26

- MON **Chicken Parmesan**, green beans, glazed carrots, honey wheat bread sticks, blueberry crisp, assorted fruit juice 
- TUE **Macho Nachos**, mexican corn, pinto beans, spanish rice, applesauce, assorted fruit juice
- WED **Turkey & Noodles**, steamed broccoli, cucumbers w/dip, wg biscuit, chilled peaches, assorted fruit juice 
- THU **Toasted Cheese & Chili w/Beans**, tossed salad, seasoned corn, apple quick crisp, assorted fruit juice
- FRI **Turkey Pot Pie**, mixed vegetables, baby carrots/cucumber, chilled peaches, assorted fruit juice



Features a bounty of fresh, seasonal and composed side dishes including hot or cold veggies, fresh cut fruits and side salads. These healthy options add value to your meal and are a perfect spot to round out your meal.

Balanced Choices meals are available weekly. Look for this icon or an () asterick to identify meal components. All Balanced Choices Meals are served with specific side items and 1% or less milk. Refer to weekly menu signage posted at your school.*



**FRESHLY MADE TO ORDER
TACOS, BURRITOS, AND NACHOS**
From a selection or:
**SEASONED GROUND BEEF
FRESH DICED CHICKEN
NACHO CHEESE**

Your choice of Soft or Hard Shell Tortilla & Toppings:
Shredded Lettuce, Diced Tomatoes, Cheese, Salsa and Sour Cream.
Includes choice of Taco, Burrito, or Nachos, Sides, Fresh Fruit, And Choice of Milk.


Ask your cafeteria manager about Daily Vegetarian Options.



Our menus recognize the positive impact whole grains can make on the health of children. We strive to make half our grains whole.





All selections prepared on Whole Wheat Bread 

Choose From The Following:

FRESHLY MADE TO ORDER SANDWICHES and WRAPS

TUNA SALAD • CHICKEN SALAD
BREADED CHICKEN STRIP • HAM • TURKEY
AMERICAN CHEESE • SWISS CHEESE

Your choice of Bread & Toppings:
Crispy lettuce
Sliced tomatoes
Peppers
Mayonnaise
Mustard
Oil & Vinegar


Rotating Weekly Specials

Monday - Triple Decker Turkey Sandwich
Tuesday - Chicken Caesar Wrap
Wednesday - Roast Beef & Swiss
Thursday - Chicken Salad Sandwich
Friday - Chicken Strip Wrap



Available Daily

Cheeseburger & Chicken Filet

All selections prepared on whole wheat bun 

Rotating Daily Specials

FEBRUARY 1 - 5

Monday - BBQ Pork Riblet
Tuesday - Pizza Burger
Wednesday - Cheddar Onion Burger
Thursday - Mushroom Swiss Burger
Friday - Mini Cheeseburgers

FEBRUARY 8 - 12

Monday - Hot Dog w/Chili
Tuesday - Cheddar Onion Burger
Wednesday - Grilled Chicken Wrap
Thursday - Baked Corn Dog
Friday - BBQ Pork Riblet

FEBRUARY 15 - 19

Monday - No School
Tuesday - No School
Wednesday - No School
Thursday - Chicken Tender Wrap
Friday - Mini Cheeseburgers

FEBRUARY 22 - 26

Monday - Hot Dog w/Chili
Tuesday - Cheddar Onion Burger
Wednesday - Mushroom Swiss Burger
Thursday - Baked Corn Dog
Friday - BBQ Pork Riblet



Rotating Daily Specials

FEBRUARY 1 - 5

Monday - Chicken Strip Salad or Santa Fe Turkey Wrap
Tuesday - Buffalo Salad Bar or Chicken Salad Sandwich
Wednesday - Ham Chef Salad or Triple Decker Turkey Club
Thursday - Chicken Fajita Salad or Parisan Ham & Cheese Wrap
Friday - Tuna Salad Plate or Submarine Sandwich

FEBRUARY 8 - 12

Monday - Chicken Strip Salad or Veggie Lover's Wrap
Tuesday - Turkey Chef Salad or Chicken Caesar Wrap
Wednesday - Ham Chef Salad or Santa Fe Turkey Wrap
Thursday - Chicken Fajita Salad or Chicken Tender Wrap
Friday - Ham Salad or Tuna Salad Wrap

FEBRUARY 15 - 19

Monday - No School
Tuesday - No School
Wednesday - No School
Thursday - Ham Chef Salad or Santa Fe Turkey Wrap
Friday - Tuna Salad Plate or Submarine Sandwich

FEBRUARY 22 - 26

Monday - Chicken Strip Salad or Veggie Lover's Wrap
Tuesday - Turkey Chef Salad or Chicken Caesar Wrap
Wednesday - Chicken Fajita Salad or Ham & Cheese Wrap
Thursday - Chicken Fajita Salad or Parisan Ham & Cheese Wrap
Friday - Ham Salad or Tuna Salad Wrap

Includes Sandwich, Vegetable Sides, Fresh Fruit, and choice of 1% Milk.



The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the secretary of agriculture, Washington, D.C. 20250. Food service provided by Chartwells School Dining Services.

